

Friendship Challenge



Help
a
Friend

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How To Be a Good Friend

To have good friends you must be a good friend. Here are some of the ways good friends treat each other:



Good friends listen to each other.



Good friends don't put each other down or hurt each other's feelings.



Good friends try to understand each other's feelings and moods.



Good friends help each other solve problems.



Good friends give each other compliments.



Good friends can disagree without hurting each other.



Good friends are dependable.



Good friends respect each other.



Good friends are trustworthy.



Good friends give each other room to change.



Good friends care about each other.

Help a Friend

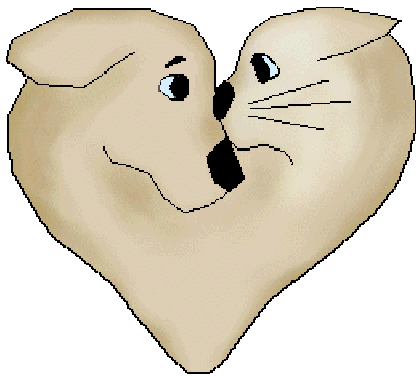


Help your Friend

Leaders can be on the lookout for good deeds which the Beavers do. If a leader notices that a Beaver is being helpful to another child or to you as a leader point that out.

In aid of wheelchairs

Ask the beavers to collect plastic bottle caps. In collecting these caps they can be sold by weight and the money can be used for getting a wheelchair for someone who needs it.



In aid of animal Sanctuaries

Ask the children to collect food for animals in sanctuaries and then give the food to one of the animal sanctuaries in Malta.

In aid of Orphanage

Tell the children to choose one of their toys so that it can be given to other children who live in orphanages. Children will put a smile on other children's faces.



Who is our Friend?

The Nurse

Oh-oh! You woke up with a burning sore throat, and your mum says you need to go have it checked. But before the doctor even makes you say arghh, there's probably someone else you'll see first: **The Nurse.**

Nurses are important people. Not only are they often the first health care professional that a sick or injured person sees, but they do their job in all kinds of settings — from local hospitals to faraway military bases.

Some even work in the sky or at sea, helping to transport sick people on planes or caring for passengers on ships. In fact in all health care units across the world, one will probably find a nurse.

Where Do Nurses Work?

At your doctor's office. Nurses in medical offices assist the doctor by asking you about your symptoms, taking your temperature and blood pressure, checking your weight, giving shots, and collecting blood samples for tests.

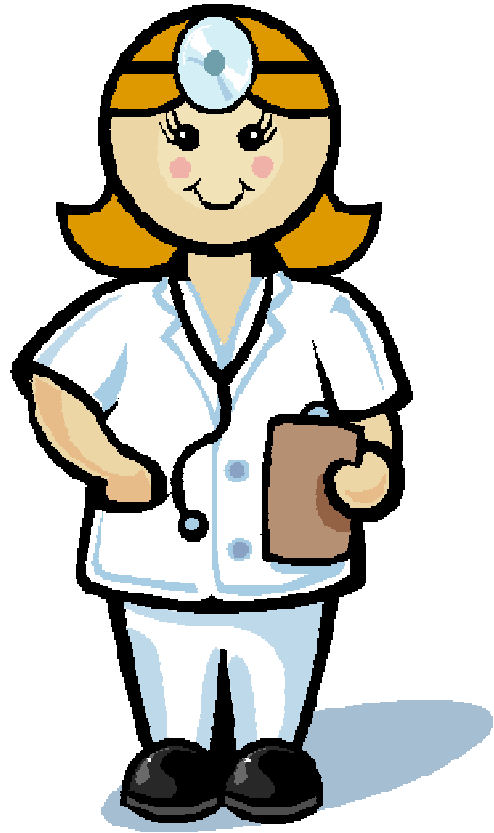
You'll also find nurses:

- **In Schools**
- **At the hospital**
- **At a local polyclinic**
- **In a gym**
- **On Ships**

Whatever type of work they do, the best nurses have one thing in common: they love interacting with people.

That's because nurses do more than provide hands-on health care. They also give patients and their families compassionate support at a time when they need it most.

Nurses are educated to care for the whole person, not just treat whatever health issue somebody has.



Build Your own Ambulance

What you will need:

- Cut out of Template
- Pencil Colours
- Glue
- Round tipped Scissors

How to do it:

With the help of the Beaver Scout Leader, Beavers cut out the template of the ambulance.

Beavers colour in the ambulance then bend the folds and glue them together.

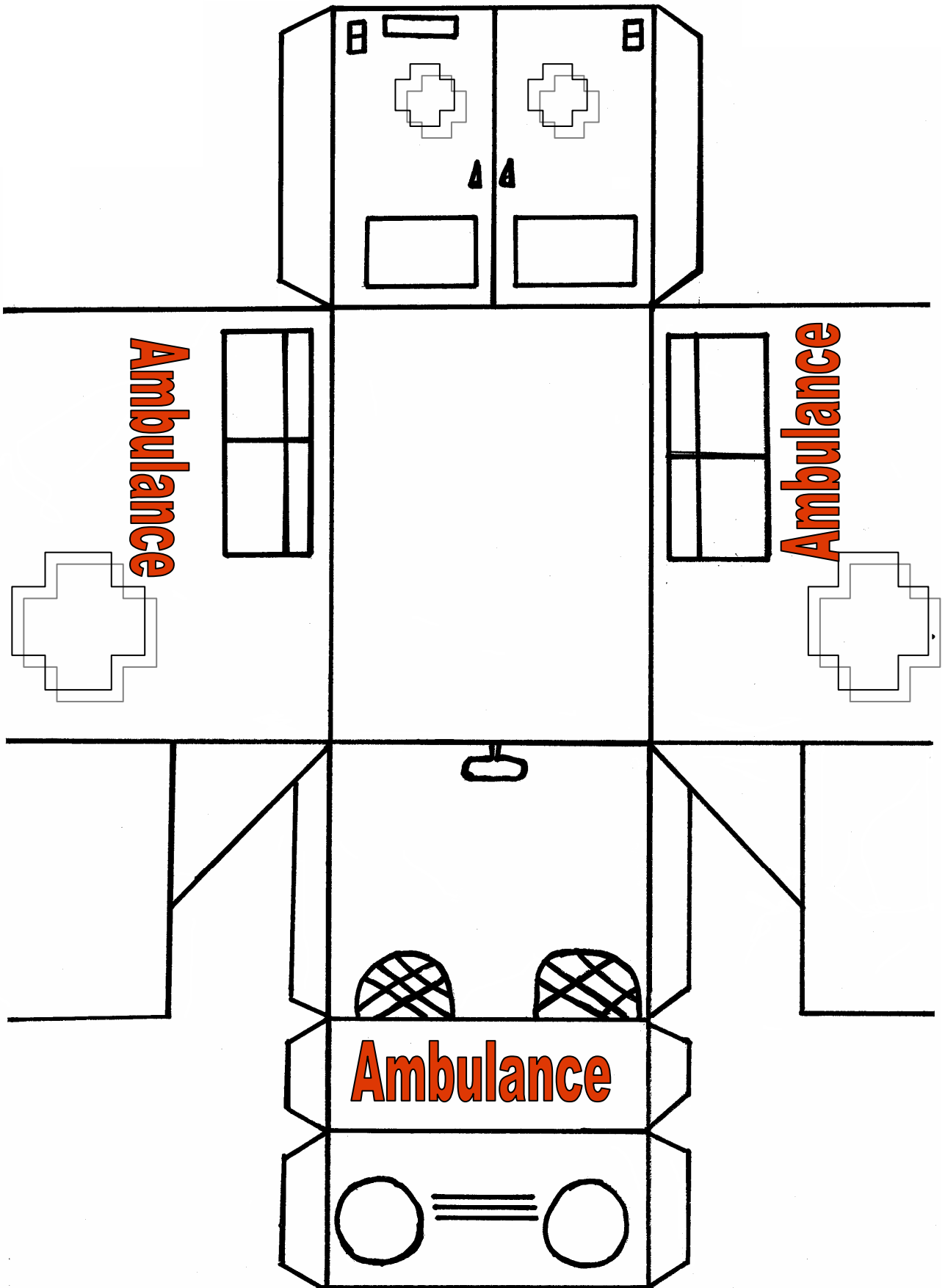
Things the Beaver Leader can discuss in the Colony during a Log Chew:

- Do you know what is the telephone number to call in case of an emergency?
- Do you know what to say when you call for an ambulance?
- What is the use of a first aid kit and what does it contain?



CRAFT

BUILD YOUR OWN AMBULANCE



Who is our Friend?

The Policeman

Most people are probably already familiar with the job of a Police Officer.

We see them on the streets in our neighbourhoods, driving around in their cars, and in the news.

A Police Officer's main job is to protect the communities where they work and to enforce laws!

The job of a Police Officer is very important! Because law enforcement is needed all the time.

Police Officers work during the night and on weekends and holidays. Some Police Officers spend their days patrolling on foot or in special vehicles, looking for any types of law violations, handing out tickets, and responding to emergencies. At other times, Police Officers work on investigations or make arrests. They also must write up reports and sometimes appear in court.

Police work can be tense and dangerous. Police Officers must be attentive at all times so they can respond as needed in emergencies, and they must work in all kinds of weather conditions, too.

To become a Police Officer, you usually must go through special training at a police academy to learn about things like law, investigations, and self-defence. Police Officers must pass exams to show fitness and need to have characteristics like honesty and good judgment to help them perform their difficult job!





SQUEEZING HANDS

Beavers stand in a circle holding each other's hands. One of them gives a squeeze to the one next to him/her. Another Beaver in the circle has to guess who is giving the squeezes. Beavers must be careful not to squeeze the guessing Beaver's hand.

1,2,3 CHANCE!

One Beaver is in front of the whole Colony with his back turned to the Colony. The rest run around. The one in front says 'One, Two, Three,Chance!' and turns his back while the rest freeze in place. Whoever is still moving joins the Beaver in front.

PASS UNDER THE BRIDGE

Colony is divided into 2 teams. One team stands in a straight line holding hands. They are the bridge. The others have to pass under their hands without being touched. If they are touched they become part of the bridge.

TELEPHONE

Beavers sit around a table. One Beaver says something to the next Beaver careful that the others do not hear him. The second Beaver will say what he was told to the Beaver next to him and so on until the 'word' reaches the end. Last Beaver to say aloud what he was told.

BRITISH BULLDOGS

One or two Beaver Scouts are selected as the Bulldogs, and they stand in the middle of the play area. All remaining Beavers stand at one end of the area (home). The aim of the game is to run from one end of the field of play to the other, without being caught by the bulldogs. When a Beaver is caught, they become a bulldog themselves. The winner is the last Beaver to become a bulldog.

BEAT THE DOG

Beaver Scouts find a partner— One becomes the postman, the other the dog. As pairs they sit in a circle. Each pair is given a number. In the middle of the circle is the parcel. When their number is called the postman runs one way around the outside of the circle, the dog runs the other way, back to their places to see who is first to reach the middle of the circle to collect the parcel.