

Friendship Challenge

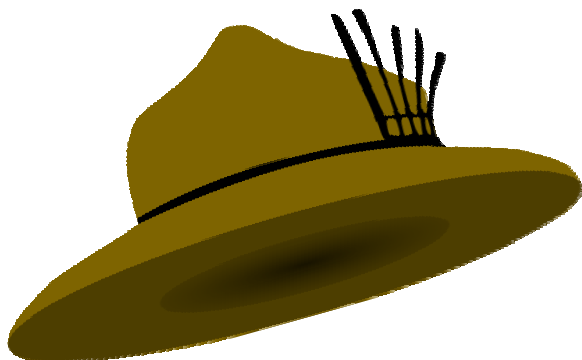


Help
a
Friend

Part 2

“The most worth-while thing is to try to put happiness into the lives of others.”

Sir Robert Baden-Powell



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How To Be a Good Friend

To have good friends you must be a good friend. Here are some of the ways good friends treat each other:

- ✓ Good friends listen to each other.
- ✓ Good friends don't put each other down or hurt each other's feelings.
- ✓ Good friends try to understand each other's feelings and moods.
- ✓ Good friends help each other solve problems.
- ✓ Good friends give each other compliments.
- ✓ Good friends can disagree without hurting each other.
- ✓ Good friends are dependable.
- ✓ Good friends respect each other.
- ✓ Good friends are trustworthy.
- ✓ Good friends give each other room to change.
- ✓ Good friends care about each other.

Help a Friend

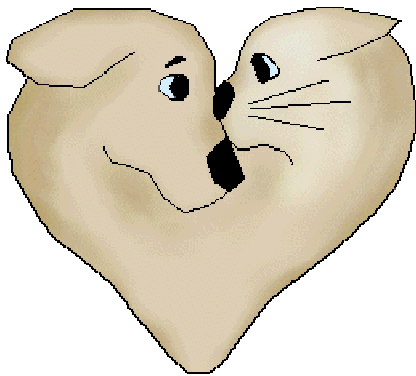


Help your Friend

Leaders can be on the lookout for good deeds which the Beavers do. If a leader notices that a Beaver is being helpful to another child or to you as a leader point that out.

In aid of wheelchairs

Ask the beavers to collect plastic bottle caps. In collecting these caps they can be sold by weight and the money can be used for getting a wheelchair for someone who needs it.



In aid of animal Sanctuaries

Ask the children to collect food for animals in sanctuaries and then give the food to one of the animal sanctuaries in Malta.

In aid of an Orphanage

Tell the children to choose one of their toys so that it can be given to other children who live in orphanages. Children will put a smile on other children's faces.



Who is our Friend? The G.S.L.

What Does a GSL Do

The GSL's (Group Scout Leader) main responsibility is to take care of the Scout Group that has been entrusted to his care. He/She has to ensure the safety and wellbeing of all the members in the Group with specially attention to the younger members of the Group at all times.

The GSL also ensures that the Leaders that assist him/her in the daily running of the Group are properly trained to care for the young scouts within their sections.



The Group Council works closely with the Group Scout Leader to ensure that the financial administration of the Scout Group runs smoothly.

The Assistant Group Scout Leader is the assistant of the GSL and helps him in the day to day running of the Scout Group. Sometimes the Assistant Group Scout Leader steps in to take charge when the Group Scout Leader is unavailable.

The GSL holds frequent meetings with both the assistants, the leaders in the sections and the group council.

LOG CHEW ALERT!

Since sometimes youngsters such as the beavers tend to be a bit intimidated by adults, why not try something fun for them to start building their confidence??!!

LET'S INTERVIEW

Have the Beavers sit in a circle and ask GSL to come along to. The Beavers will be the journalists and each and every one of them will be given a chance to ask questions to the GSL. This will help the young ones to get to know the GSL more closely and thus build a bridge of trust. To help them get more into the 'Journalist' Character give them all pencil and paper and ask them to write or draw something that the GSL said that they think is important.

Such an activity can also be done together with the Assistant Group Scout Leaders or other leaders of other sections such as the Cub Scout Leader.

Other Tips:

Have the Beavers say hello to a leader that passes by during the Beaver Meeting.

Who is our Friend? The Fireman



To a typical kid, the only thing cooler than a fire truck is somebody who rides in one!!

Firemen manoeuvre through the city at high speeds and climb ladders to sickening heights.

These highly trained specialists risk their lives every day fighting fires. It's easy to see why so many people aspire to become firemen: serving as one is heroic and adventurous. But becoming a fireman takes more than brute strength and guts of steel.

Firemen are rescuers extensively trained in fire fighting. Primarily they are trained to extinguish hazardous fires that threaten property and civilians or natural populations and to rescue people from dangerous situations, such as collapsed or burning buildings.

Firemen do not just fight fires, they are sent to medical calls daily as well.

Some types of calls needed to respond to are: car accidents, flooded areas, structure fires, bush fires, tree fell, etc.

So do not think all they do is fight fires. They see both bad things and good. It takes a special breed of person who is able to do this job successfully.

Fireman do not work alone. "*Teamwork is very important,*" one fireman says. "*It's the whole team that puts the fire out, from the guy pulling the hose line to the guy holding the nozzle. The guy holding the back end of the hose may never even see the fire he's putting out, but he makes sure the guy up front has enough hose to get there.*"



Stand up fireman

What you will need:

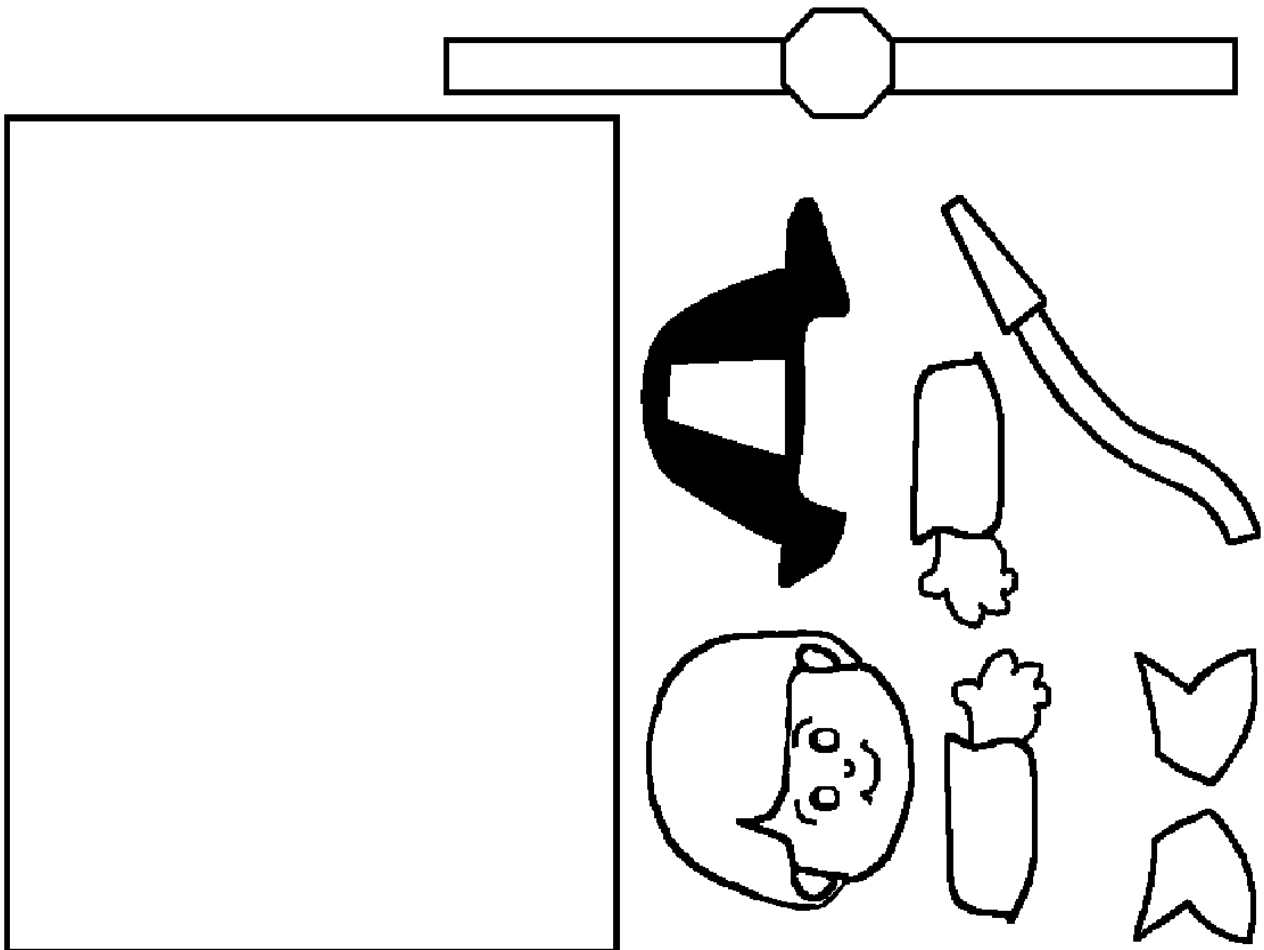
- Colours
- Scissors
- Glue
- Print outs of templates below
- Toilet paper roll

How to do it:

- Print out (enlarge if need be) and cut out templates
- Colour in all cut outs
- Glue the rectangular piece onto the toilet paper roll to cover it completely
- Glue on head, hat, arms, hose and boots

Additional tip:

- Cut out an extra piece of cardboard and glue it firmly to the bottom of the fireman.
- Your stand up fireman can then turn into a pen holder.



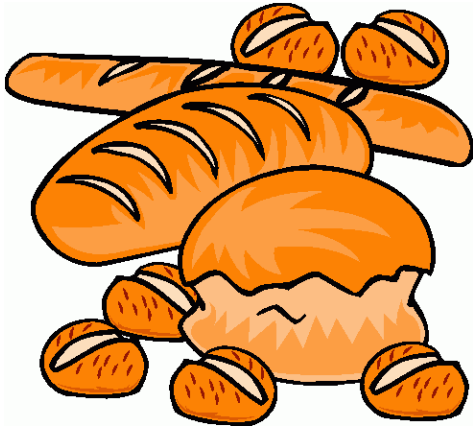
Spot the Hazard



Help Fireman Neal find all the hazards in these 2 houses



Who is our Friend? The Baker



What does a Baker do?

Bakers produce various types and quantities of breads, pastries, and other baked goods sold by grocers, wholesalers and restaurants. Bakers typically do the following:

- Check the quality of ingredients
- Prepare equipment for baking
- Measure and weigh carefully all ingredients
- Combine measured ingredients in mixers or blenders
- Knead, roll, cut, and shape dough
- Place dough in pans, moulds, or on sheets
- Set oven temperatures
- Place and bake items in hot ovens or on grills
- Observe colour and state of products being baked
- Apply glazes, icings, or other toppings using spatulas or brushes
- Display goods baked for selling
- Carry out customers orders (example for parties)

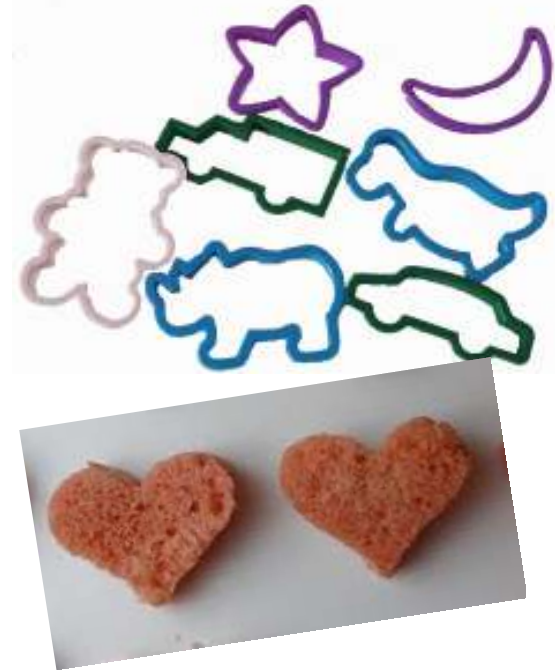
Some Maltese bakers help their customers by baking large food dishes for them that do not fit in normal kitchen ovens.



Fancy cake slices

What you will need:

- Jam or Chocolate spread
- Coloured Sprinkles
- Cake slices
- Cookie Cutters
- Plate
- Apron
- Gloves
- Plastic covers for the table.
- Plastic cookie cutters



How to do it:

- Cover the table with the plastic covers so it will be easier to clean afterwards
- Put on an apron and gloves
- Take cake slices and using the cookie cutters cut in the middle of the cakes
- Spread Jam or Chocolate Spread onto the cake shapes
- Get a plate and pour in the coloured sprinkles.
- Take the cake shapes and dip them into the sprinkles so that the sprinkles will stick to the jam or the chocolate spread.
- If the cake slices are big enough you can place them into cup cake cups.

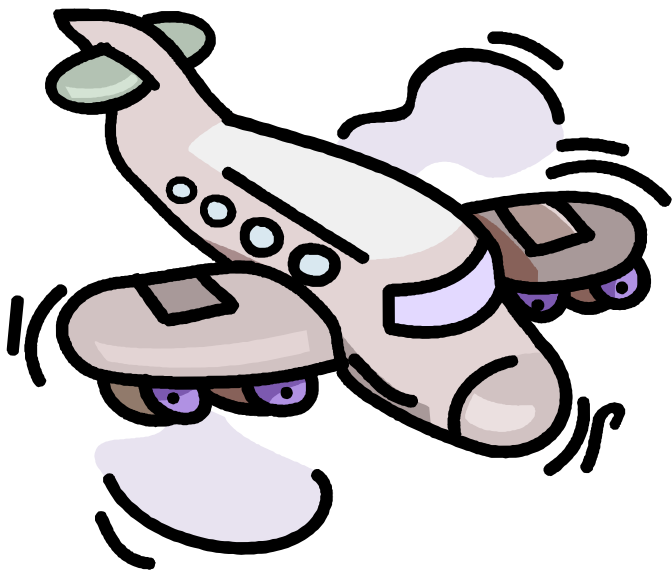
Variations:

Other items that might be used are shredded coconuts, cherries, gummy bears, almond halves, etc etc. There is no end as to what can be placed on the cake slices for decoration. All you need is to let your imagination flow.



Who is our Friend?

The Pilot



What does a Pilot do?

A pilot does more than just fly a plane.

At the start of his shift he gathers all the route/weather information and a flight plan.

He then briefs the crew on what will be happening: when they expect to take off and land, safety information regarding the route, the route itself.

The crew then go to the aircraft. One pilot starts up the auxiliary power unit and gets all the electrics on and the flight deck all lit up. Then enters all the way points and figures off the flight plan in to the flight management system. Meanwhile the other pilot walks around the aircraft doing a pre-flight inspection.

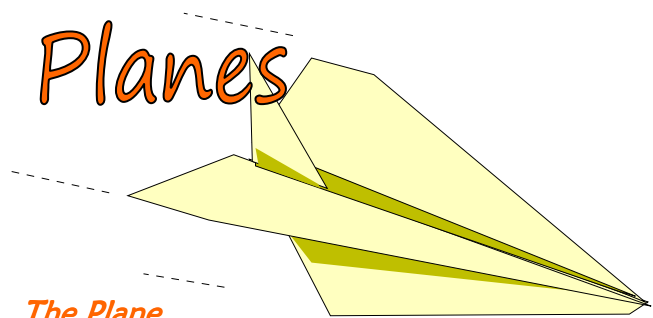
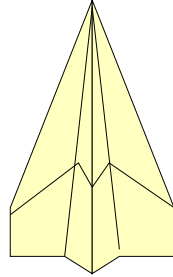
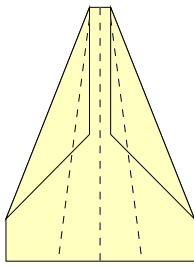
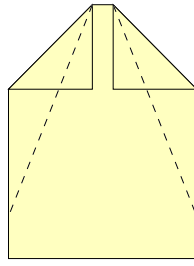
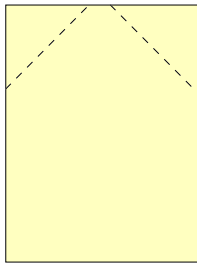
The 2nd pilot then joins in on the flight deck and helps with the run up checks, (its more than 1 switch to get the power on!!!!) and does all the operational checks.

The pilots then give the go-ahead for the boarding of the passengers. On many major airlines one pilot supervises boarding. Once all the passengers are on board, the pilots tell ground services to clear the aircraft and they call ground control for clearance for start up. Once started up they maintain contact with the ground controller until the plane is at the runway.

Then they follow the instructions that the control tower operators give them and soon the flight begins!



Paper Folding Planes



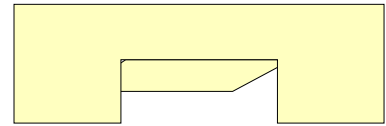
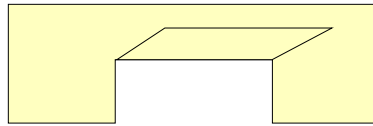
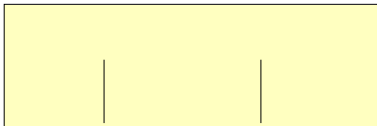
The Plane

- Flip the paper over so that the printed fold lines are facing down.
- Turn the corners back to the outside fold lines and crease. Repeat for the next set of folds.
- Fold up along the center line so text is inside and graphics are on the outside.
- Finally fold down each wing.
- Throw briskly and slightly angled up.

The Adjustable Flaps

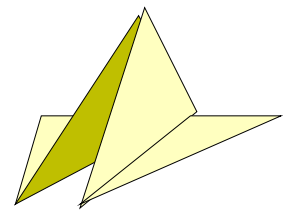
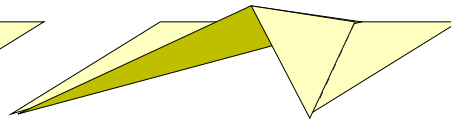
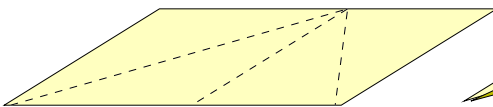
- Cut on sides.
- Fold up to make the plane rise...fold down to make the plane drop.

Note: When printing on printers that require a large bottom margin, the adjustable flaps may not print.



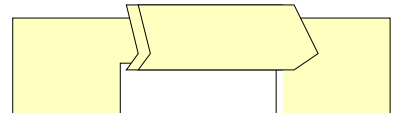
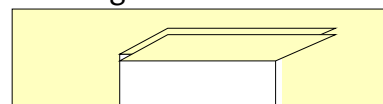
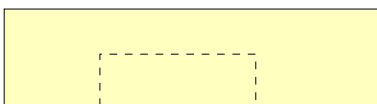
The Stick Up Tail

- Bring the two angled fold lines together.
- Crease along the top.



The Fastening Clip

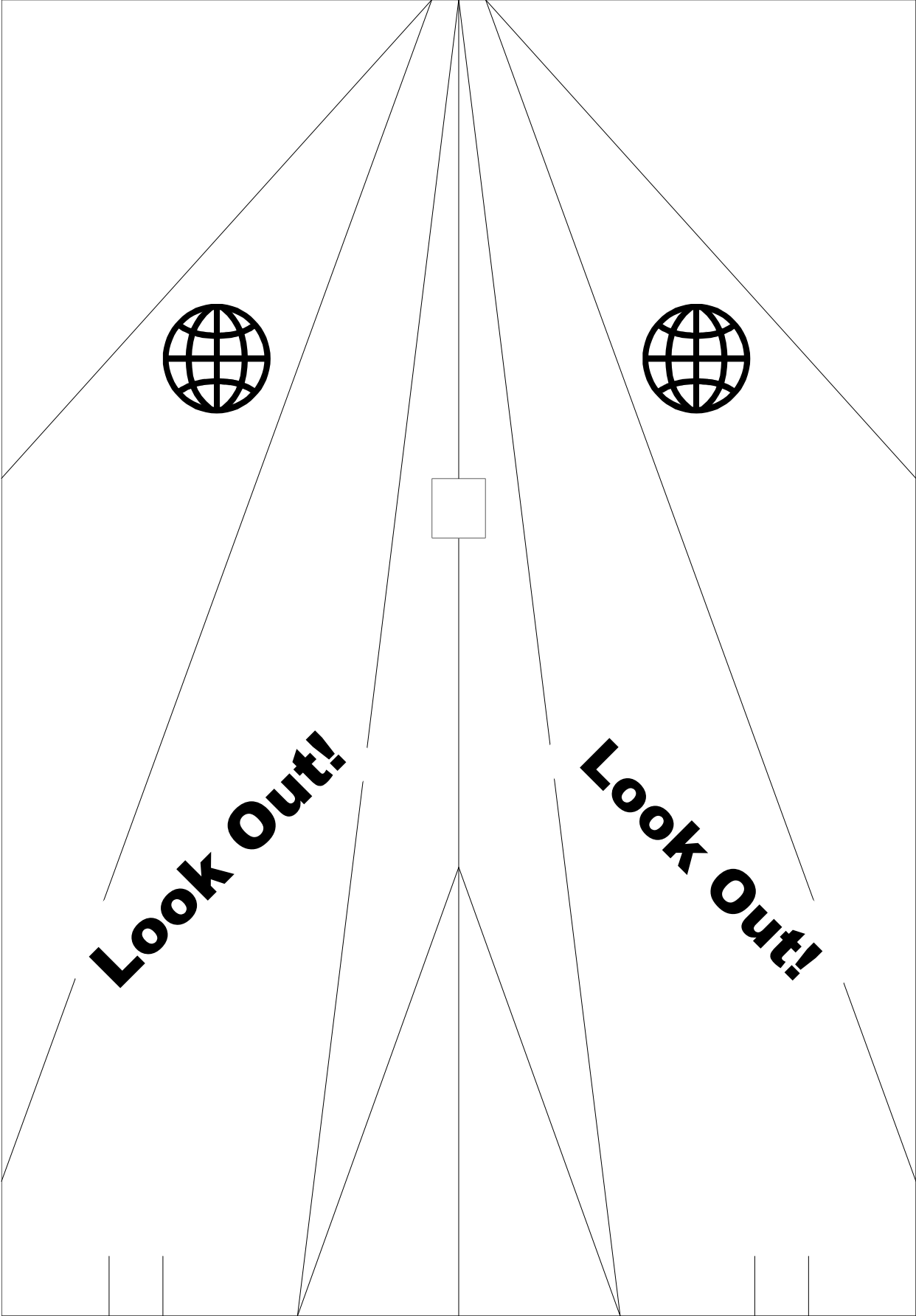
- Cut on the sides.
- Fold to one side to hold the plane together.



AIR DISPLAY

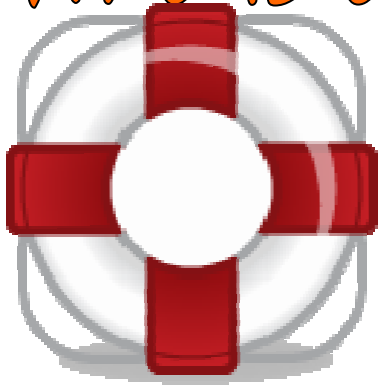
After crafting your paper planes hold air display, wherein you line up all the planes nicely decorated and everyone goes around as if on an air show.

Paper Folding Planes



Who is our Friend?

The Lifeguard



What does a lifeguard do?

A lifeguard, whether it is by the sea, or by a swimming pool, is the person in charge of the safety of everyone. This can mean a lot of things: save drowning victims, provide first aid, protect the environment, enforce all laws, or just provide directions.

To accomplish this, lifeguards need to have a lot of skills at their disposal. They, of course, need to be very accomplished swimmers. This means being physically fit, regularly exercise, and comfortable in the water. They often need to face difficult swimming environments such as the ocean, which has cold temperatures, strong currents, waves and animal life.

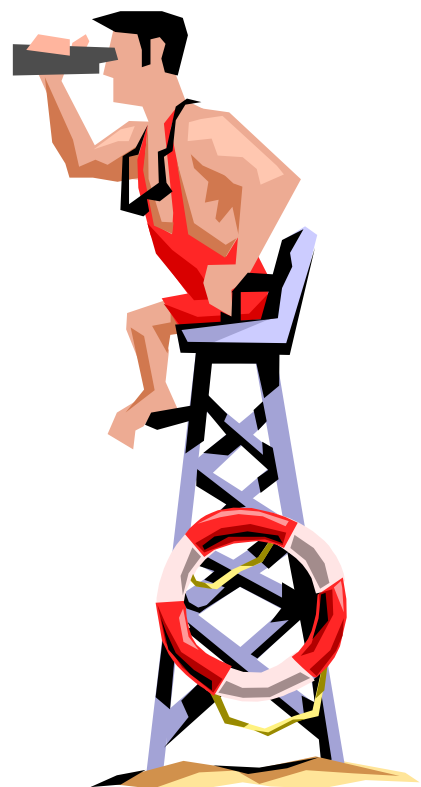
As they are often the first responders, they need a lot of education in medical matters such as CPR, tending to wounds or burn. Whatever the emergency, a lifeguard will often be the first one to face it. Assistance in these areas not only saves lives, but also protects the environment. This can also mean specialized knowledge depending upon the area where they work, such as areas of surfing and boating.

They need equipment to help best serve the public. The most basic and one of the most useful pieces of equipment is a watchtower. This can be a large structure with large binoculars or it can be as simple as a very tall chair. Whatever the form, a watchtower is there to help survey the waters and quickly observe any accidents.

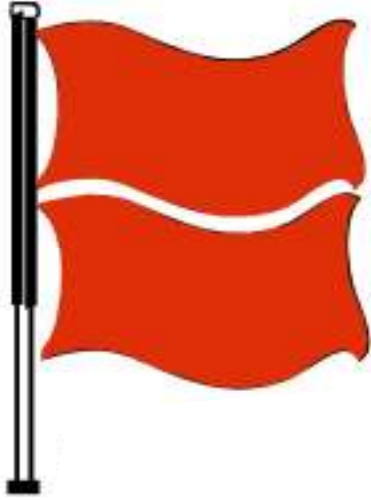
Once an accident does occur they need specialized equipment to help them take action. For small pools, this is often a large buoy to help drowning victims stay afloat and stay calm. These are great pieces of equipment since they are easy to carry, light and save lives.

Boats for the sea, may be a part of the equipment necessary to keep lives safe. Depending upon their area, there may also be specialized equipment for boaters or surfers. Regardless of the form, there will always be some equipment available as a rescue attempt will only be performed as a last resort with no equipment.

Finally, to maintain the sea shore, a lifeguard will use an assortment of flags and other communication equipment to keep swimmers and boaters aware of potential dangers.



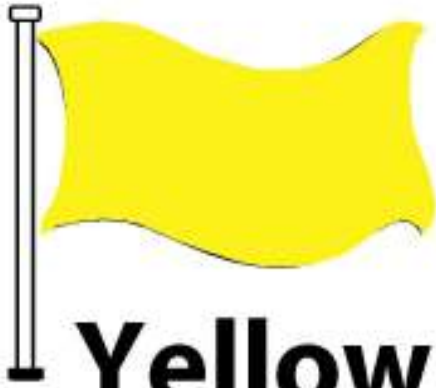
Beach Flag Warning System



Double Red
Water Closed to
Public Use



Red
High Hazard
(rough conditions,
such as strong surf
and or currents)



Yellow
Medium Hazard
(light surf and or
currents)



Green
Low Hazard
(calm conditions)



Purple
Marine Pest
(jellyfish, stingrays
& dangerous fish)

Who is our Friend? The Dentist



What Does the Dentist Do?

The dentist is a doctor who is specially trained to care for teeth. When you visit for a checkup, your dentist will look at your teeth and gums to check for any problems. The dentist also wants to make sure your teeth are developing properly as you grow. It's important to visit your dentist every 6 months.

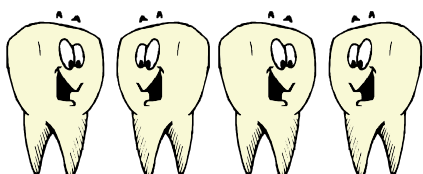
What Happens at the Dentist's Office?

After your name is called in the waiting room, you'll go into an exam room and sit down in a big, comfortable chair that is like a huge recliner. The chair will have a place to rest your head and lots of room for you to stretch out your legs. Next to the chair may be a little sink with a cup that you can use to rinse out your mouth as your teeth are being cleaned. During the exam, your teeth will be cleaned, flossed, and checked for cavities.

Cleaning and Flossing

One of the first people you'll meet at the dentist's office is the dental hygienist. This is a person who knows all about keeping teeth and gums clean and healthy. The dental hygienist will look inside your mouth to make sure your teeth are growing properly and your gums are healthy. The dental hygienist will clean and polish your teeth, using tiny dental tools like a tooth scraper, mirror, and special toothbrush. The tooth scraper removes plaque from your teeth. Plaque is a thin, sticky layer that coats your teeth and contains bacteria that grow on your teeth over time. Plaque that isn't removed from your teeth can cause decay, or a cavity.

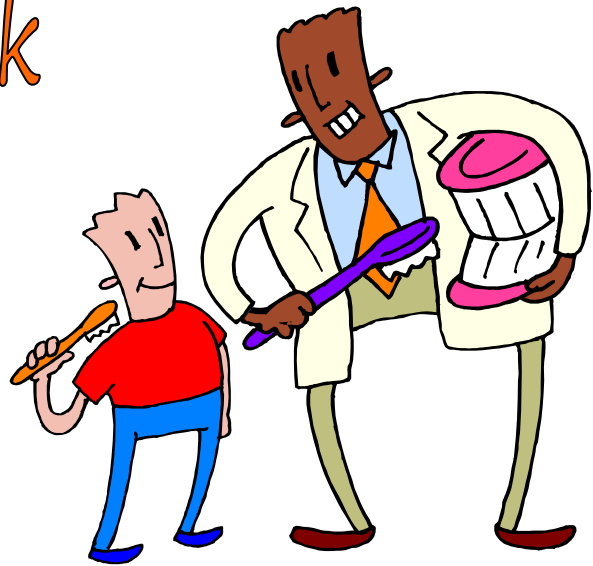
Next comes brushing and flossing.



Dentists at Work

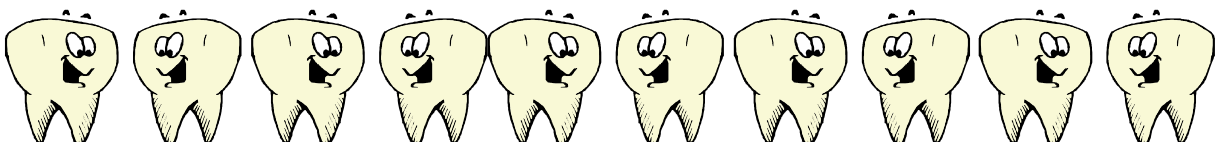
What you will need:

- Red Plasticine / Play Dough
- White Mint Sweets
- Cardboard paper
- Plastic knife (round tipped for safety)
- Apron
- Gloves
- Plastic Sheets



How to do it:

- Cover the work surface with Plastic sheets so that it will be easier to clear up after the activity
- Wear apron and gloves
- Take the red plasticine and make the shape of a mouth.
- Press the shape onto the cardboard paper.
- Place the white mint sweets into the red plasticine. These will be your teeth.
- Display all the false teeth for all the colony to see their handiwork.
- Plenty of laughter guaranteed!!



Who is our Friend?

The Photographer

What Does the Photographer Do?

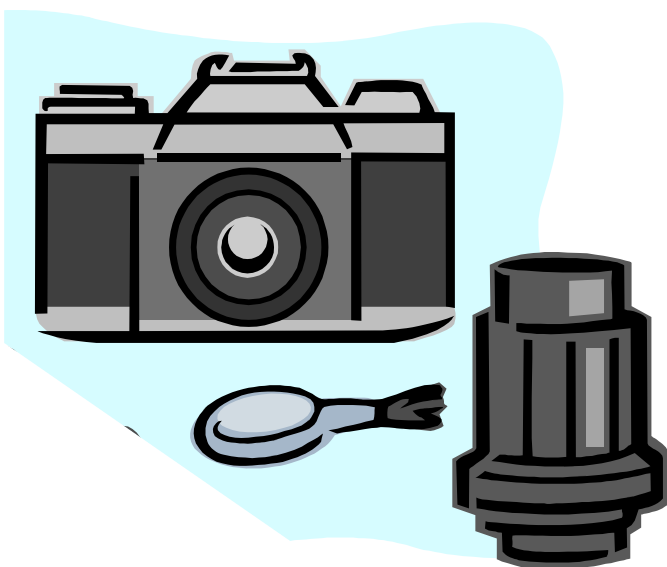
A photographer uses a camera to record his or her surroundings. A photographer can take pictures of everything from kids playing to animals in the jungle to fashion shows to scenes of news events or special occasions such as weddings.

Photographers can take color or black and white photos, and use many different pieces of equipment to get exactly the picture they want. For example, a news magazine or newspaper might send a photographer to take a picture of a news event, like a wildfire or the opening of a new factory.

School photographers take pictures of students—you might have gotten dressed up to have your portrait taken in school (and told to be really neat and careful of your clothes that day!).

Other subjects might include clothes for a catalogue, food for a restaurant menu, wedding photos for an album, famous buildings and monuments, or even celebrities for a website!

Some photographers are more artistic as they are interested in using their cameras to capture a beautiful landscape, or an interesting face, or an unusual scene. Some photographers want to convey a particular mood or feeling; others might be interested by the way the light and shadows look.



Their work can often be found in large books of photos called portfolios or catalogues or else maybe displayed in Art Galleries for everyone to see, admire and sometimes even purchase.

Build your very own Photographer's Shop

What you'll need:

- 1 very large box
- Smaller boxes such as shoe boxes
- Pictures of cameras
- Pictures of camera accessories
- Cardboard
- Glue
- Tape
- Scissors

How to do it:

- Take the small boxes and using cardboard paper cut out and tape strips of cardboard for the shelves.
- Take the pictures of the cameras and its accessories cut them out and paste them onto cardboard paper.
- Put them onto shelves as if on display as shown on the picture.
- Use the shoe boxes to act as cash register.



Using a very large box and any decorations you want, you can even try your hand at building your very own photo booth too.

(You will find building instructions in another chapter of this manual)



Activities

Activities

ACTIVITIES

Bring a Friend to the Meeting

Colony Movie Night

Log Chew about Good Habits

Help a Friend to Fold the scarf

Visit an Orphanage—Spend some time playing with the children or make crafts together.

Gather Items to be sent abroad e.g. A Developing Country

Gather items to be given to families/persons in need in your own community

Visit the Elderly in your community

Visit a Photographer's Shop

Ask a Photographer to come to meet the Beavers during the Beaver Meeting



FIRE ENGINE HUNT

Print a number of fire engines on different coloured papers, say 5 of each colour. Cut them out. Hide the fire engines around the Head Quarters. Split the Colony into teams and give each team a different colour. At the sound of the whistle each team has to go round Head Quarters 'hunting' for the fire engine pictures of their team's colour.

AIR RACE

Have all the colony lined up holding their folded paper planes in their hands. Each Beaver can have a go at throwing his paper plane. The Beaver that throws it the farthest will be the winner.

HOT POTATO

The Beaver Scouts in each team stand a little way apart so that they will need to throw the hot potato to pass it on. The potato starts at the end of the team and is passed from player to player until they reach the opposite wall and then back again. As the potato reaches the front of the line, the player at the back has to run to the front to receive it until its journey is complete.

GUIDE THE BOAT

Scatter the 'rocks' around the playing area. The Beaver Scouts group together in their teams. The first Beaver Scout stands at the far end of the playing area wearing a blindfold. The rest of the team guide the blindfolded Beaver Scout back to the team by shouting instructions. They have to avoid the 'rocks' that would sink their boat. When they reach their team the next Beaver Scout takes a turn. As more than one team plays at the same time the noise levels and confusion rise accordingly.

TREATS HUNT

Hide a number of healthy treats in the garden or inside obvious places. Set the Beavers looking for them. Let them keep what they find and give a small prize to 'Hunter' who finds most treats. Keep a few in reserve to give to the ones who manage to find only a few or none at all— there are sure to be some. Or better still get the other Beavers who did find the treats and get them to share.

PROFESSION PLAY

Divide the Beavers in pairs. Each pair draws a slip of paper from a box. On each slip is written a profession or trade—doctor, dentist, dressmaker, nurse, teacher, etc. Each pair in turn then has to act their profession, while the rest of the Beavers guess what it is.

FIREMAN, SAVE MY CHILD

Each team has a pile of the cut-out children on a table and a drinking straw for each player. Approximately 15-20 feet away from the start, place a small pail for each team on another table, chair, stool, or whatever. At the call of "Fireman, save my child", the first player on each team must pick up a child by sucking up the figure against their straw. While holding the figure this way, they run to their respective pail and deposit the figure. The next team member then goes. If they drop the figure en-route, they must stop and pick up their child, again, by sucking it up with the straw.

Variation:

Use dried peas instead of paper cut outs.