

# Outdoor Challenge

Day in the Countryside



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## **VISITS**

# Know your Backpack

## Wearing your backpack

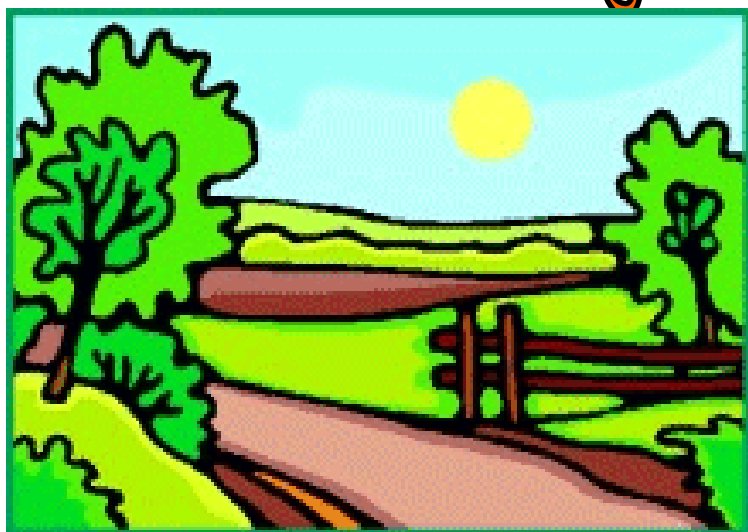
- Wear a backpack that's the right size for you.
- Always wear both shoulder straps when you carry your backpack.
- Make sure the shoulder straps fit snugly on your shoulders, but that they aren't too tight.
- The bottom of the backpack should rest a little lower than your bellybutton.
- If the backpack has a belt to wear around your waist, wear it!



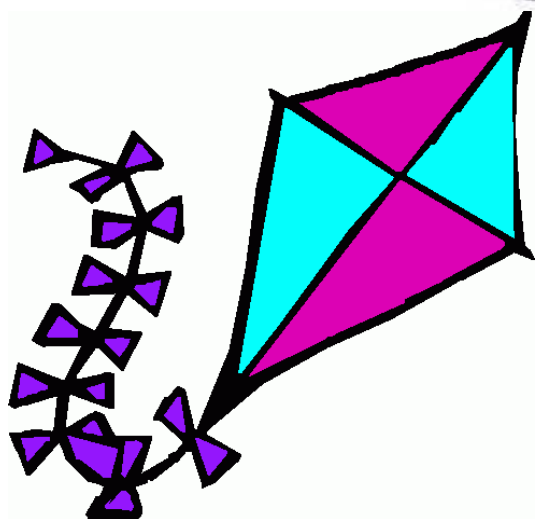
## Using your backpack

- Put the heaviest items in the backpack first so they will rest against your back.
- Once everything is in your backpack, make sure the school supplies don't slide around when you walk. If they do, move the supplies around so it's more comfortable.
- If your backpack is too heavy, carry a book or other item in your hands so the backpack will be lighter.
- When possible, take out your lunchbox, gym clothes, show-and-tell items, and any other supplies and place them in a locker so you don't have to carry them around all day.
- If your backpack is too heavy, take a look and see if you can take something out that you don't need.

# A Day in the Country Side.....



What shall we pack?



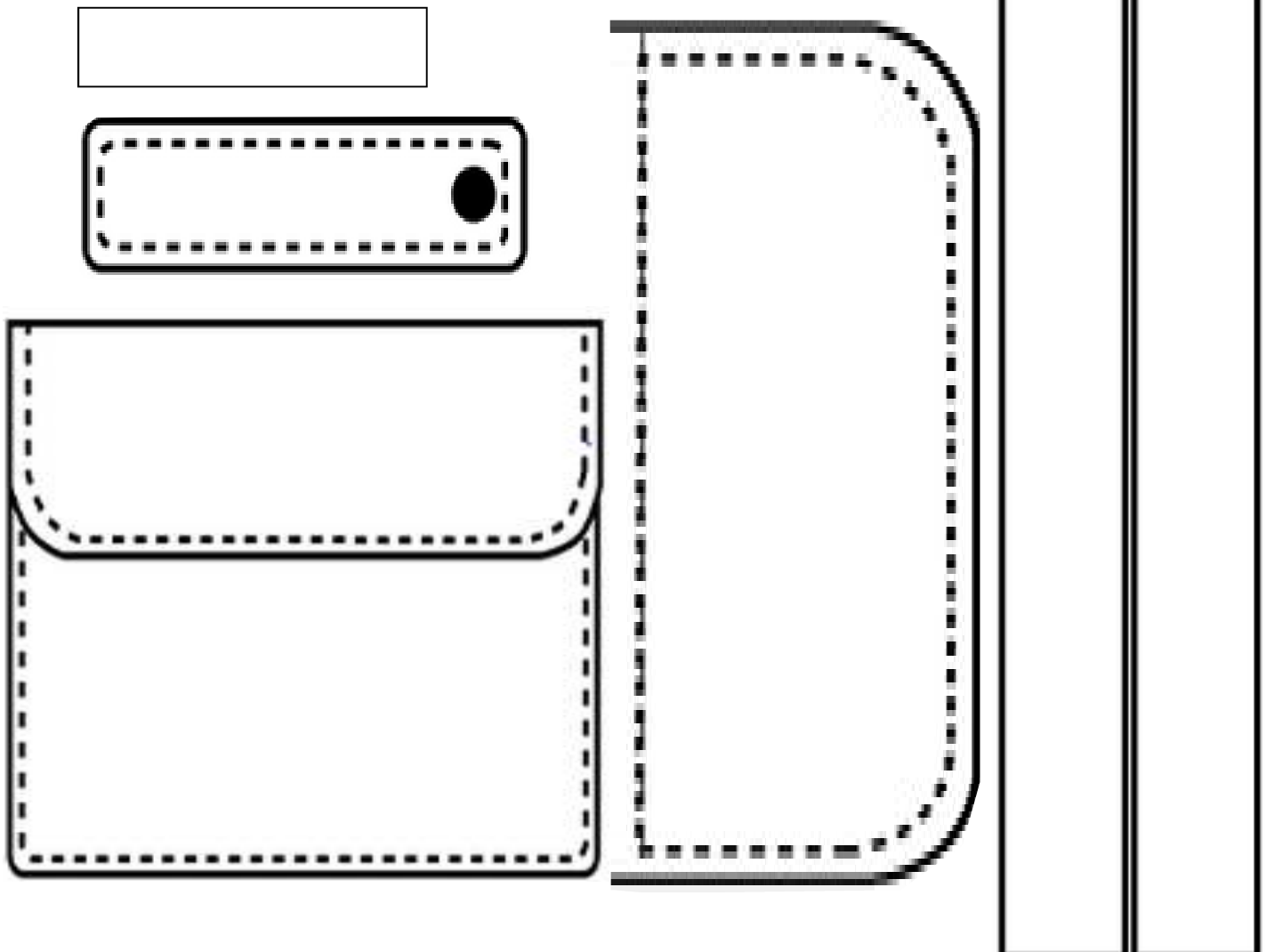
# Backpack Craft

## What you will need:

- Backpack Templates
- Brown paper lunch bags
- Glue
- Crayons or coloured pencils
- Scissors.

## How to do it:

- Print out the backpack templates.
- Colour the templates and cut them out.
- Glue the back pattern (strips) to the back of the lunch bag and stick the flap. Glue the rest of the patterns to the bag as shown in the picture. Glue only the sides and bottom of the front pocket to the bag so that the pictures can be placed in the pocket.

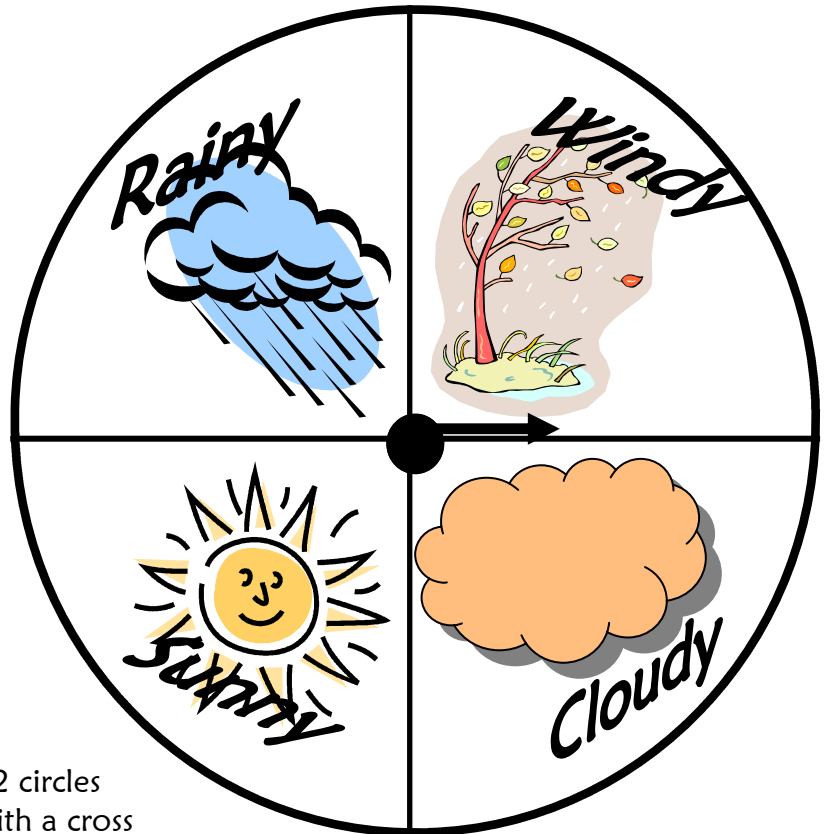


# Weather & Seasons Clocks



## What you will need:

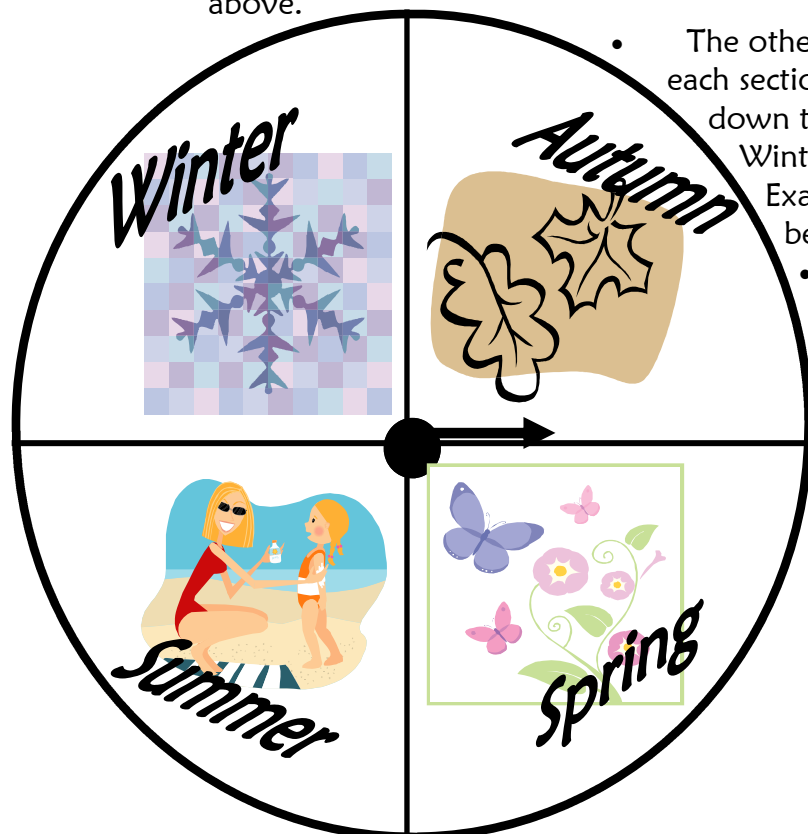
- 2 White Cardboard papers cut in a circle
- Ruler
- Pencil Colours
- 2 Elephant Ear Pin
- 2 thin strips of black cardboard
- Paper



## How to do it:

- Each Beaver Scout is given 2 circles of cardboard. Each circle with a cross in the middle cutting it into 4 equal parts.
- One circle is the Weather Clock and in each quarter, the Beavers write— Sunny, Cloudy, Rainy, Windy. Draw something in each quarter. Examples can be found in the picture above.

- The other circle is the Seasons Clock. Thus, in each section of the circle, the Beavers write down the season—Spring, Summer, Autumn, Winter. Draw something in each quarter. Examples can be found in the picture below.



- Beaver Scout Leader will help each Beaver Scout to put a hole in the middle of each circle and attach an arrow on each circle.
- With this arrow the Beavers can mark what type of weather it is and the season they are in.



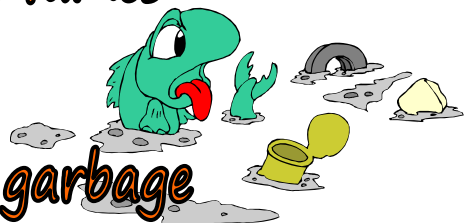
# What is Pollution??

It's everywhere... all over our planet. It makes people, other animals and plants sick or even kills them. It's even making the climate change.

Humans are the cause and humans will have to try and stop it... especially you kids, because the future is yours!

Let us try to find out what's happening and find ideas to try and make things better for everyone.

## Air is polluted by toxic fumes



## Sea is polluted by garbage



## Noise pollution

**The 3 Rs:** The 3 most important things which can help us make a better world for both ourselves and everyone around us.



## Log Chew

- Give the beavers some magazines.
- Ask them to look for pictures of items that can pollute our world and make a chart.
- While they are cutting out the pictures, have them thinking about what pollution is.
- Talk about noise pollution, air pollution, etc.
- Make the chart big, colorful and very decorative. It could go into your Colony corner.

# Fingerprint Autumn Tree



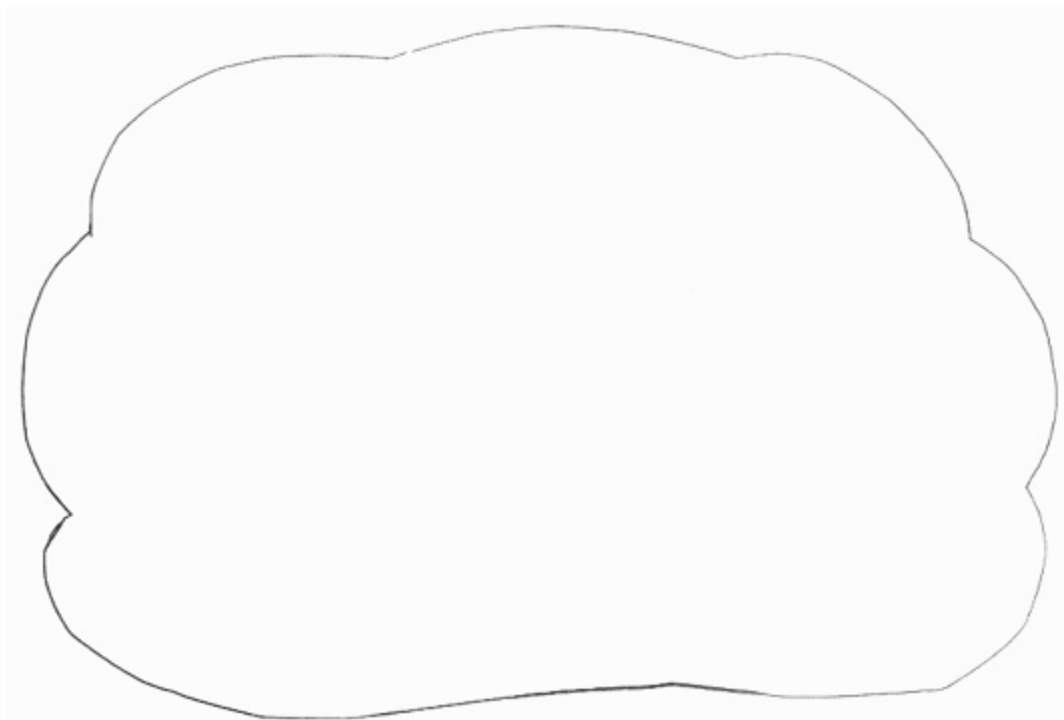
This fun Autumn themed tree really stands up on its own and is a fantastic craft. Kids will enjoy dipping their fingers in the different coloured paints and making the leaves with their fingerprints. This simple craft is made with materials you most likely already have on hand, and our printable template makes this tree craft even easier to create. This toilet paper roll tree makes a great homemade Autumn decoration as well! Enjoy!

## What you will need:

- Lightweight cardboard (cut up a cereal box)
- Toilet paper roll
- Scissors
- Red, orange, yellow, brown and green paint

## How to make your Tree Craft:

- Print our template and cut out the tree top. Trace the template onto light weight cardboard and cut the piece out.
- Have your child use their fingers to dot the different colours of paint onto the tree top cut out.
- Cut two, inch long slits on one end of the toilet paper roll, so that they are across from each other. Once your tree top is dry, slide the tree top into the cuts on the toilet paper roll.





# Leaf Printing

## Materials Needed:

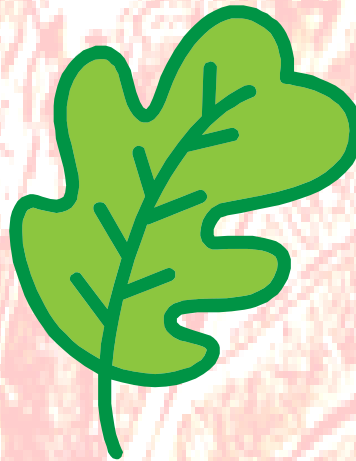
- All sorts of leaves
- Poster Colours
- Blank Papers
- Paint brush
- Apron

## How to do it:

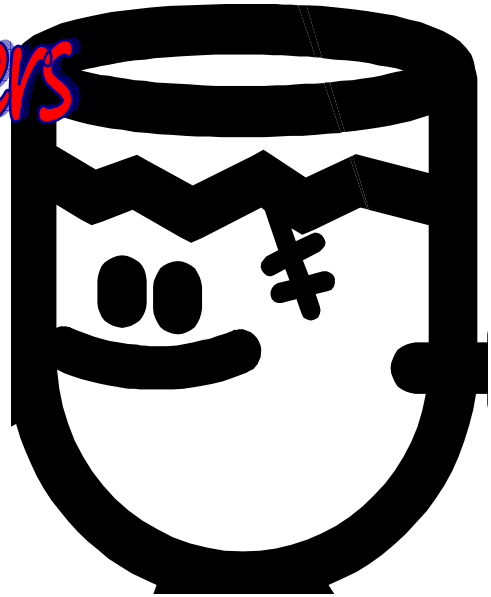
Beavers are to paint all over their leaves with a paint brush using poster colours.

When they are finished they can make prints onto the white paper with their painted leaves.

Beavers can have fun creating designs of their own and even learn to experiment with colours.



# Green Haired Monsters



## What you will need:

- 1 Carton Cup per Beaver Scout
- 2 Toothpicks
- 1 Potato
- Water



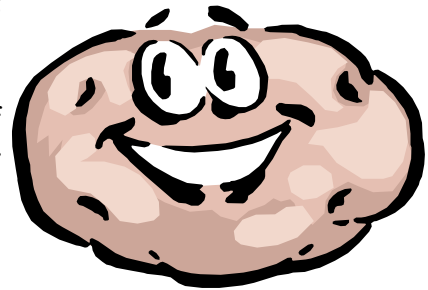
## How to do it:

The Beavers draw the face of a monster on their cup and decorate the cup the way they like.

Toothpicks are stuck to the potato so that half of it stays in the cup and half of it is out of the cup.

With the help of the Beaver Scout Leader the Beavers fill up their cup with water.

Later on roots will come out of the side that is out of the cup. This will be the green hair of the monster growing.



Then you can decorate your monster such as this picture here.



# Leaf People

## Be Creative.....

### What you will need :

- Toilet Paper Rolls
- Leaves found in countryside
- Buttons
- Colours
- Coloured Pipe Cleaners
- White glue
- Glue Stick
- Googly eyes

### How to do it:

- Find a leaf of your liking
- Stick the leaf with white glue
- Add some googly eyes
- Colour the toilet paper roll and add a few buttons
- Stick the pipe cleaners to make their hands.

# Blossoming Tree

## What you will need:

- Blank Paper
- Recycled Soda Bottle
- Different Coloured Paints
- Plate



## How to do it:

- Start by using dark paint to paint a branch on a blank paper. Branches are easy to paint.
- Once the branch is painted, let it dry before continuing with the stamping.
- Pour some paint on a paper plate and dip the plastic bottle.
- The bottom of 2-liter soda bottle has five points like the five petals of a cherry blossom.
- Press the plastic bottle on the poster board, then lift up. Dip the bottle in more paint each time you repeat the stamp. This is really fun, add as many blossoms as you want.



# The Grasshopper

One insect you might encounter on a day in the countryside is The Grasshopper. Here are some facts on this animal.

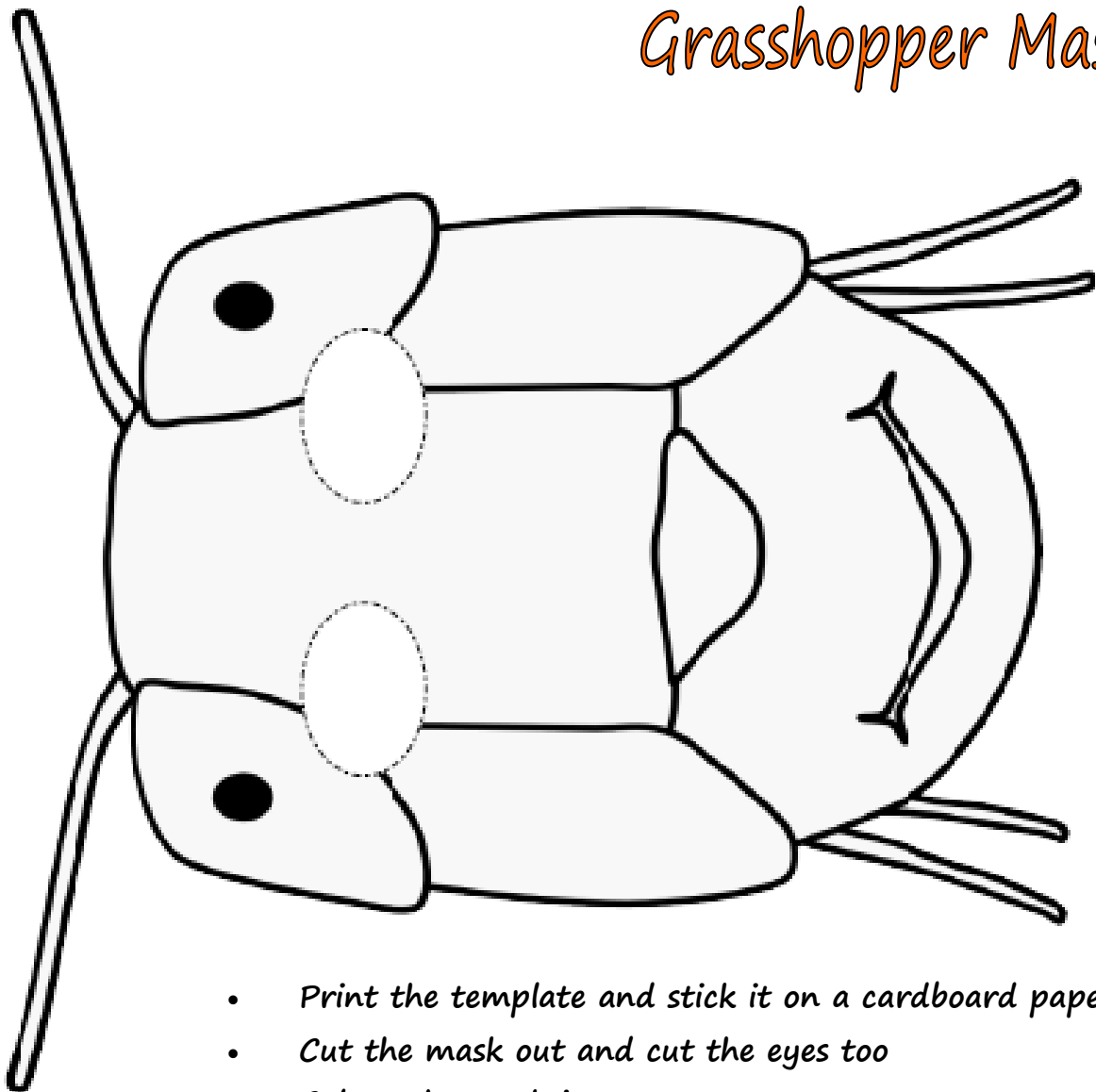
**STRENGTH:** The grasshopper can leap 20 times the length of his body.

**LIFESPAN:** About 50 days.

**FOOD:** They will eat almost any type of leaves, but they prefer soft vegetation. Dandelion is a favorite.

**HABITAT:** The grasshopper has a wide variety of habitats including mountain meadows, bogs and swamps. There are about 25 species of grasshoppers in Malta.

## Grasshopper Mask



- Print the template and stick it on a cardboard paper
- Cut the mask out and cut the eyes too
- Colour the mask in
- Punch two holes on the sides and tie elastic string

# Recycling Project: Milk Carton Plant

## What you will need:

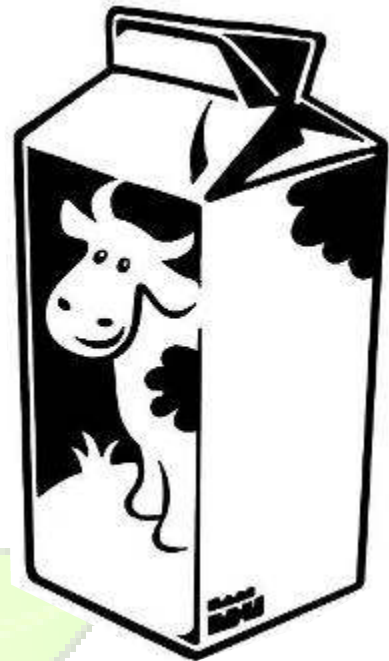
- Empty Milk Cartons
- Plastic Drinking Straws
- Potting Soil
- Seeds
- Seeds pictures
- Decorations of your choice

## How to make it:

- Collect empty milk cartons.
- Wash them thoroughly
- Add dry potting soil and drop in two seeds.
- Staple half of the top leaving the other half open.
- Place a straw in the soil. This will become a support for the plant growing inside.
- Cut out a picture of the plant you want to put inside the carton and paste it on the outside of the milk carton, together with instructions on how to take care of the plant.
- Decorate the outside of the milk carton.
- Water plant regularly.

## Tips:

- If planting a seed that you have never planted before, you might wish to ask for the advice from a professional gardener.
- Maybe a visit to your local plant shop would be of help to. This might make an ideal gift for mother's day!



# Recycling Project: Milk Carton Bird Feeder



## What you will need:

- Milk carton, washed and dried
- Ruler
- Pencil
- Craft knife
- Hole puncher



- String
- Round tipped scissors
- Food: birdseed, sunflower seeds, cracked corn, nuts, berries, sliced apples, bananas, oranges

## How to do it:

On each side of the milk carton, measure 3.5cm from the bottom and draw a line.

Cut a tall window in all four sides. (Do not cut below the line.)

Punch a hole in the top. Thread one end of twine through the hole and make a knot.

Tie the other end of twine to a tree limb.

Fill the bottom of the feeder with food.

Check it every day to make sure it is filled. Your feathered friends will be counting on you.



# Visits





# Visits

**Chadwick Lakes**

**Buskett Gardens**

**Park Majjistral**

**Ghadira Nature Reserve**

**Wied Incita**

**Ghammieri Farm**

**Eco-Farm, Gozo**

**Garden Centre**

**Greenhouse**

**Public Gardens**