

Ganni Beaver meets the...

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Cowboys

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# What is a Cowboy?

A cowboy is an animal herder who tends cattle on ranches in traditionally on horseback, and often performs a multitude of other ranch related tasks. Some of these tasks are feeding the farm animals, cleaning stables, grooming the horses, buying supplies for the ranch, doing miscellaneous maintenance works on the ranch, etc.

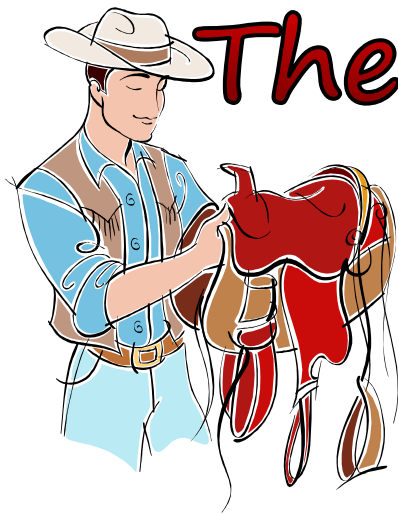
In addition to ranch work, some cowboys work for or participate in rodeos too

Cowboys originated from the American State of Texas. Cowboys can be still found nowadays all over the United States and also in other countries around the world such as South Africa, Australia, Mexico and more.

Another name for cowboy is Ranchero in Spanish (as they are called in Mexico).

A Girl is called Cowgirl!





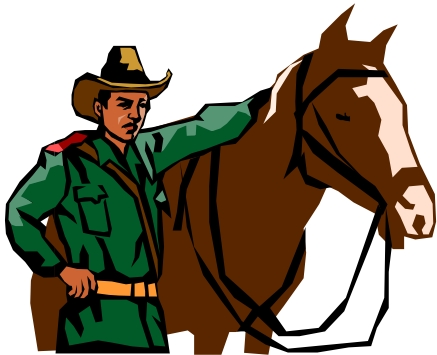
# The Cowboy Code

1. Live each day with courage.

2. Take pride in your work.

3. Always finish what you start.

4. Do what has to be done.



5. Be tough, but fair.

6. When you make a promise, keep it.



7. Ride for the brand.

8. Talk less and say more.



9. Remember that some things aren't for sale.

10. Know where to draw the line.

(From: "Cowboy Ethics: What Wall Street Can Learn from the Code of the West" by James P. Owen)



# The Cowboy's Vest

## Why do Cowboys wear vests?

**WEATHER** : The cowboy would wear the vest unbuttoned and hanging at both sides. Should he wear it closely buttoned, the body would perspire (would sweat), so that the wearer would quickly chill upon ceasing to exercise. If the wind were blowing hard when the cowboy dismounted to sit upon the ground for dinner, he would button up his waistcoat and keep himself warm.



**POCKETS**: The vest has many handy both inside and outside where the cowboy can stow away his possessions.

## What you'll need:

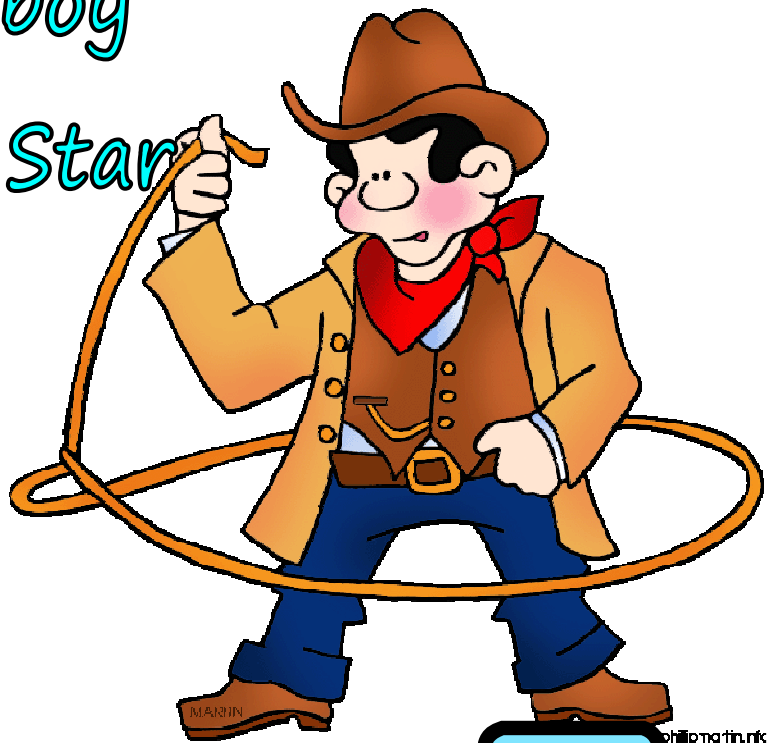
- Large paper bag
- Aluminium foil
- Strips of ribbons
- Crayon colours
- Tape
- Scissors
- Stapler

## How to do it:

- With the help of your BSL cut out the vest from the paper bag.
- Ensure that it fits.
- On a flat surface, cut from the center of the bag's open edge to the middle of the bottom. Cut out a neck hole at the bottom.
- Cut arm holes in the sides.
- Tear along bottom of vest to form a fringe.
- Decorate vest with designs such as cows, cowboy boots and hats, sheriff stars, cactus, etc.
- Cut aluminum foil circles to make silvery rosettes. Crumple the foil so that it does not remain flat.
- Put a piece of ribbon in the middle of each piece of foil and with the help of your BSL staple them securely to the vest. Put a piece of tape inside the vest to cover the protruding pins of the staples.



# Get your Cowboy Hat & Sheriff Star

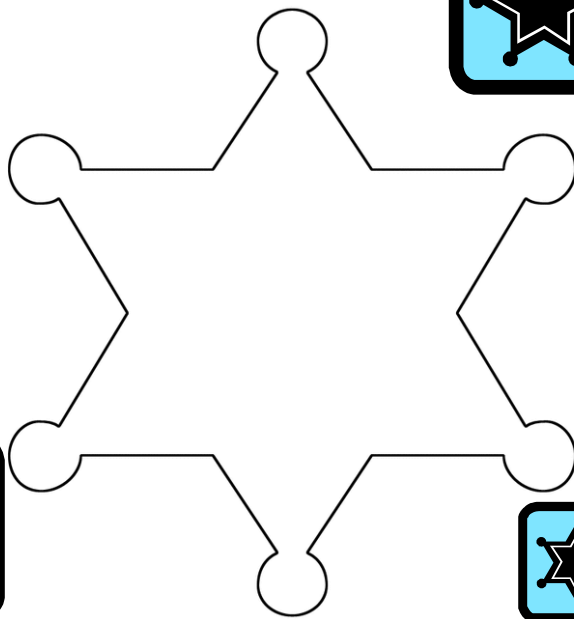
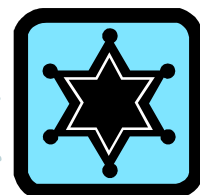
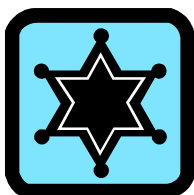
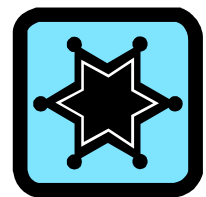


## What you'll need:

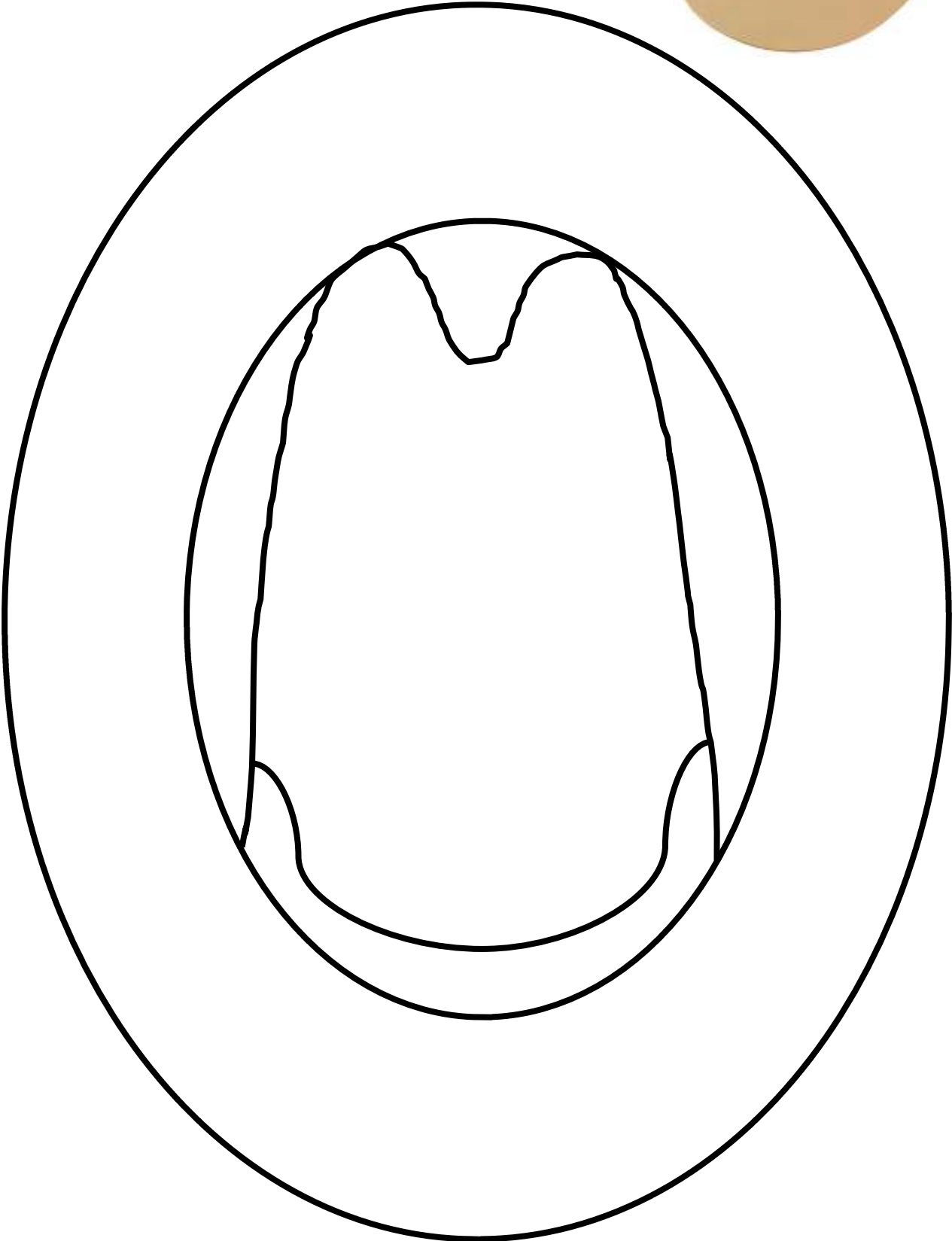
- Scissors Round tip
- Cardboard paper
- Glue
- Templates of hat and star
- Items for decoration—  
glittery stars, sequins, coloured markers

## How to do it:

- Cut the hat and star templates
- Glue them onto the cardboard and leave them to dry thoroughly
- Once dry, cut them out.
- Now you can decorate. Personalise your Cowboy Hat and Sheriff Star!



# Cowboy Hat Template





# Cowboy Boots

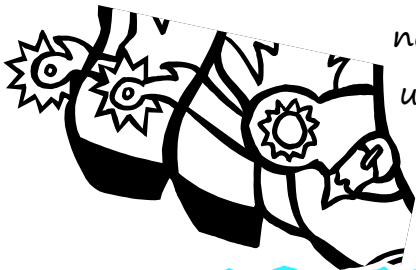
And along with the hat, vest and wide legged pants came the world famous cowboy boots.

The term *Cowboy boots* refers to a specific style of riding boot worn by cowboys. They have a heel, rounded to a pointed toe, high shaft, and no lacing.

Cowboy boots are normally made from cowhide leather but are also sometimes made from other fancy and expensive skins such as alligator, snake, etc. Poor animals turned into boots! Nowadays one can find boots made of synthetic materials that do not require harming animals.

One of the functions of the boots was to aid the cowboy while riding his horse. Since they have heels, boots wedge perfectly into the horse's stirrup ensuring the cowboy's feet would not slip out of it.

They would come with spurs attached at the back. In the old days these spurs were used to spur directly into the horse's side to make it go faster. However nowadays they are not so much in use as cowboys have resorted to much more humane ways of treating their horse.





# Cowboy Mask



- *Print the template and stick it on a cardboard paper*
- *Cut the mask out and cut the eyes too*
- *Colour the mask in*
- *Punch two holes on the sides and tie elastic string*

# Clothes' Pin Horse

## What you'll need:

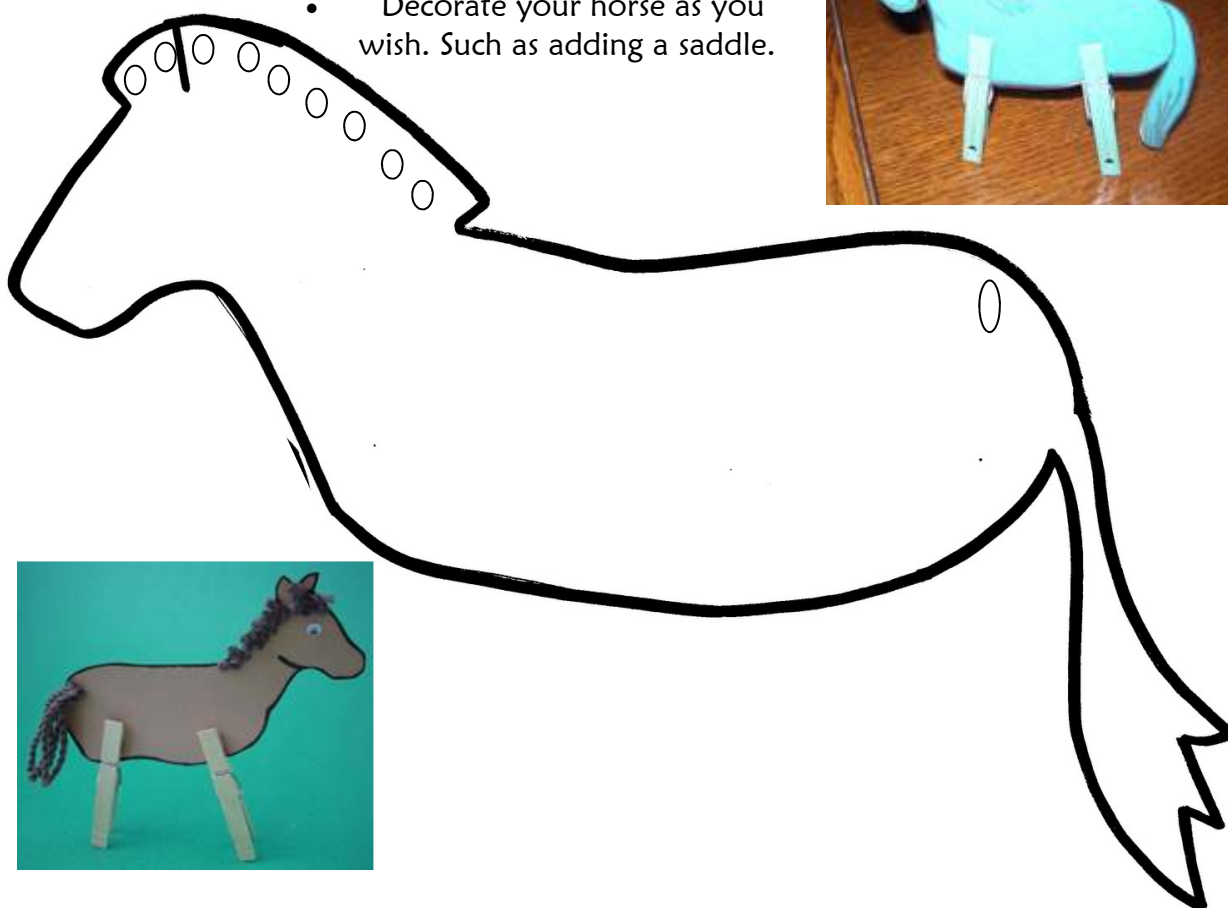
- Horse Cut out
- Cardboard Paper
- Glue
- 2 clothespins
- Brown yarn
- Googly eyes



## How to do it:

- Cut out the horse's body shape from thick cardboard paper
- Glue the eyes. One on each side of the horse's face.
- Cut the brown yarn into small same sized pieces
- Thread them through the holes in the horse's head to make the horse's mane.
- Cut a few more brown yarn pieces of a little longer size.
- Thread them through the horse's back side to make the horse's tail.
- Attach the clothes pins to the underside of the horse.

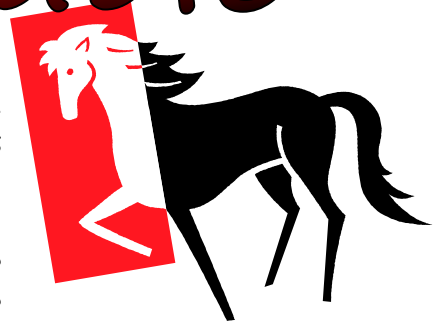
- Decorate your horse as you wish. Such as adding a saddle.



# Visit A Stable

## Before and during the Activity:

- Make arrangements for your Colony to pay a visit to a farm or any other place that has stables.
- If possible Leaders should visit the place before the activity and ensure that it is safe for the visit.
- Ensure that enough manpower is available during the activity.
- Ensure that you have all written consent forms from the children's parents/guardians with you at all time including a list of emergency contact numbers. No child should be let to participate should the said consent form not be given.
- Inclusion of all Colony members is important. Leaders have to ensure that the activity is carried out in such a manner that ALL colony members can participate especially those with special needs.
- One particular leader has to be appointed first aider for the activity and carry first aid kit with him at all times. He must have a valid First Aider Licence.
- Could the children help in feeding the animals?



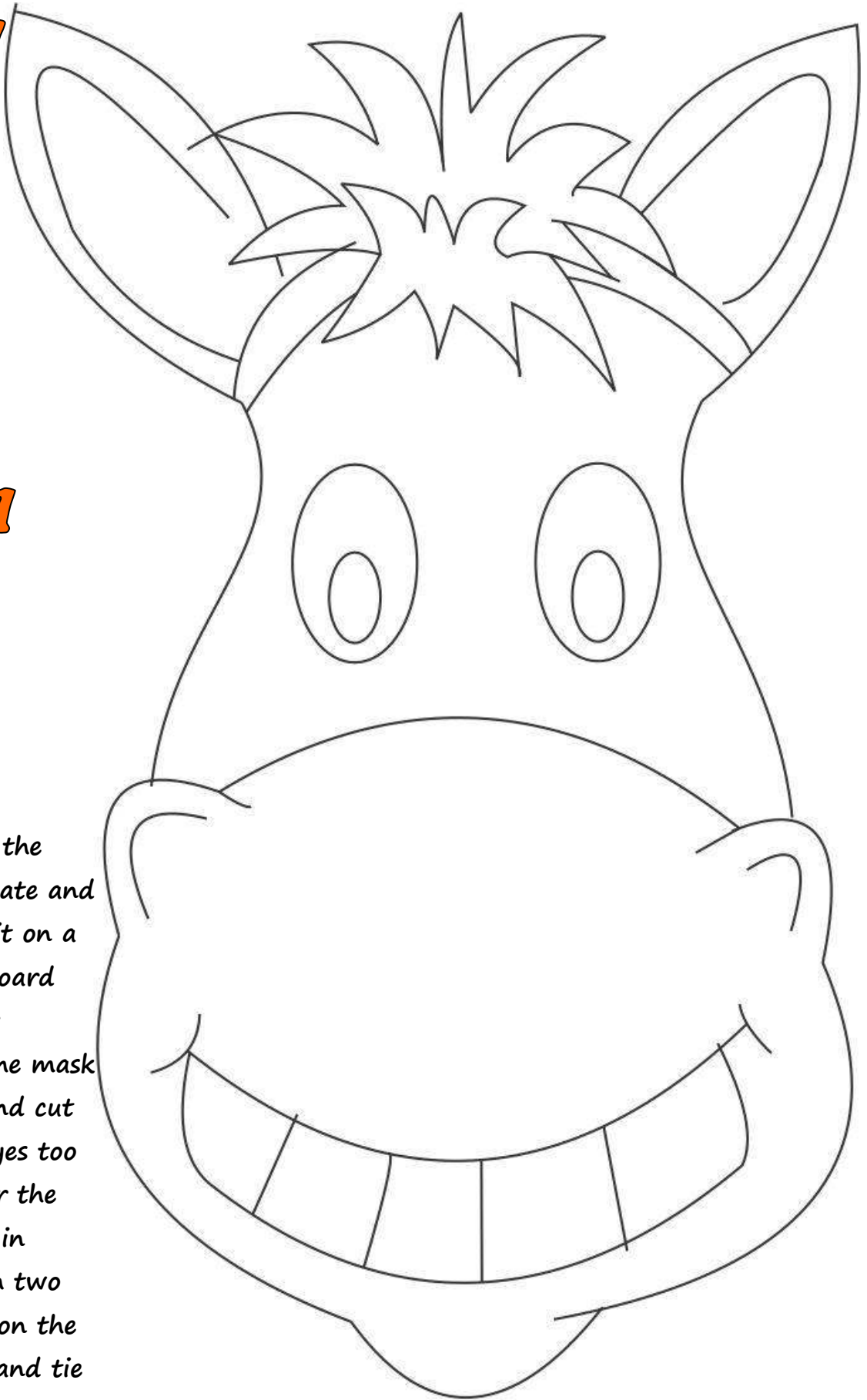
## After the Activity:

- Take pictures of the activity. Maybe individual pictures of each child on or near a pony/horse could be taken. Then in a later meeting a frame making craft could be done and the actual pictures framed as a souvenir.
- Short videos could be taken during the activity and then replayed during a Colony DVD Night. The children will definitely have a great time watching themselves at the activity. Show especially those funny moments that will ensure that every one has a good laugh.



H  
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- *Print the template and stick it on a cardboard paper*
- *Cut the mask out and cut the eyes too*
- *Colour the mask in*
- *Punch two holes on the sides and tie elastic string*



# Horses and Horseshoes

A horseshoe is a fabricated product, normally made of metal. It is designed to protect a horse's hoof from wear. Shoes are attached on the palmar (flat) surface of the hooves, usually nailed through the insensitive hoof wall that is anatomically akin to

the human toenail, though much larger and thicker.

The fitting of horseshoes is a professional occupation, conducted by a **farrier**, who specializes in the preparation of feet, assessing potential lameness issues, and fitting appropriate shoes.

Horseshoes are available in a wide variety of materials and styles, developed for different types of horses and for the work they do.

When kept as a talisman, a horseshoe is said to bring good luck. Some believe that to hang it with the ends pointing upwards is good luck as it acts as a storage container of sorts for any good luck that happens to be floating by, whereas to hang it with the ends pointing down, is bad luck as all the good luck will fall out.

The horseshoe throwing game is very popular at fun fairs where one can show his ability and skill at throwing.



# Visit A Cow Farm

*A cowboy would not be a true cowboy if he does not tend to his herd of cows. Make arrangements for your Colony to be able to visit a cow farm.*

## Before the Activity:

- If possible Leaders should visit the place before the activity and ensure that it is safe for the visit.
- Ensure that enough manpower is available during the activity.
- Ensure that you have all written consent forms from the children's parents/guardians with you at all time including a list of emergency contact numbers. No child should be let to participate should the said consent form not be given.
- Inclusion of all Colony members is important. Leaders have to ensure that the activity is carried out in such a manner that ALL colony members can participate especially those with special needs.
- One particular leader has to be appointed first aider for the activity and carry first aid kit with him at all times. He must have a valid First Aider Licence.
- Could the children help in feeding the animals?
- Could the children help milking the cows?

## After the Activity:

- Take pictures of the activity. Maybe individual pictures of each child feeding or milking a cow could be taken. Then in a later meeting a frame making craft could be done and the actual pictures framed as a souvenir.
- Short videos could be taken during the activity and then replayed during a Colony DVD Night. The children will definitely have a great time watching themselves at the activity. Show especially those funny moments that will ensure that every one will has a good laugh.

# Fun with Food



- Try your hand at creating images with food like this cowboy landscape below or these cute cows.

- With the help of your Beaver leader learn how to

cut out foods safely and build your picture.



- Always remember to cover the surface where you are working on and to wear an apron over your clothes.

- It is also very important that your hands are thoroughly clean before you start working with food.

- Enjooyyy !



# Cowboy Cookies

## What you'll need:

- 110grams unsalted butter, softened
- 100grams caster sugar
- 1 medium egg
- 1/2 table spoon vanilla extract
- 250grams plain flour
- 1/4 table spoon bicarbonate of soda
- 1/4 table spoon baking powder
- 1/4 table spoon salt
- Cling Film (Stretch and Seal Film)
- Coloured Icing Pens



## How to do it:

- Beat the butter, sugar, eggs and vanilla until fully combined
- Mix in the flour, baking powder, salt and bicarbonate of soda until fully combined.
- Cover the bowl with cling film and chill in the fridge for 2 hours.
- Preheat the oven to 180C fan assisted.
- On a lightly floured surface, roll out the combined mixture to 1cm thick and cut out the shapes.
- Grease and lightly flour a baking sheet.
- Place the cookies on the tray, 1 inch apart and bake for 5 minutes, until the edges just begin to turn brown.
- Cool on a wire rack.
- Decorate with coloured icing pens.



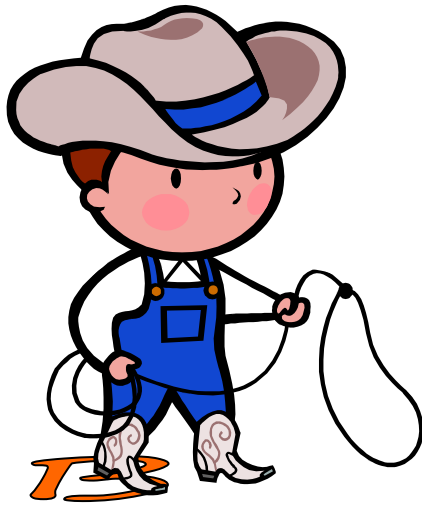




*Cowboys'*



*Songs*



**B**  
**O**  
**R**  
**N**  
**T**  
**O**  
**B**  
**E**  
**A**  
**C**  
**O**  
**W**  
**B**  
**O**  
**Y**

I was born to be a cowboy  
Born to ride the range  
Only trouble was  
I didn't get the chance  
I wanted that to change  
So I got myself all ready  
I'm waiting for my big day

Chorus:

I've got spurs on the heels  
Of my cowboy boots  
And the best pair of chaps around

I've got a pretty little pony  
That's my best friend  
I'm ready for trouble  
If it comes to town

I've got a shirt made special  
In Texas

A bandanna around my neck  
And toppin' it off  
I've got a ten-gallon hat  
Now I'm a real cowboy  
Are you ready for that

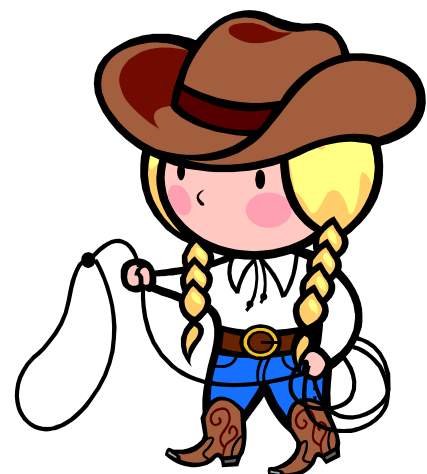
I was born to be a cowgirl

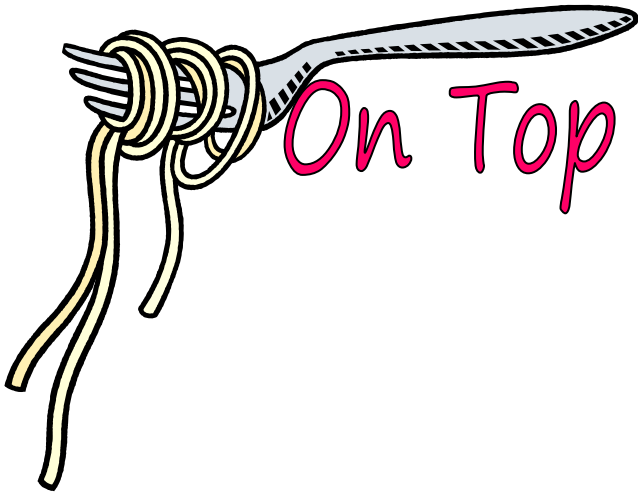
Born to rope a steer  
I can ride and rope with  
The best of them  
I'll make it perfectly clear

If you think that I can't do it  
Boy will you be surprised

Repeat Chorus:

I was born to be a cowgirl  
I was born to be a cowboy





## On Top of Spaghetti

On top of spaghetti, all covered with cheese,  
I lost my poor meatball when somebody sneezed.

It rolled off the table, and onto the floor,  
And then my poor meatball rolled out of the door.

It rolled down the garden, and under a bush,  
And then my poor meatball was nothing but mush!

The mush was as tasty, as tasty could be,  
And the very next summer it grew into a tree.

The tree was all covered, all covered with moss,  
And on it grew meatballs, all covered with sauce.

So if you have spaghetti, all covered with cheese,  
Hold onto your meatball, 'cause someone might sneeze.



## Campfire's Burning



Campfire's burning, campfire's burning,  
Draw nearer, draw nearer,  
In the gloaming, in the gloaming,  
Come sing and be merry.

# Sunshine Mountain

*Climb, climb up Sunshine Mountain,*

*Where the little breezes blow*

*(Puff - puff)*

*Climb, climb up Sunshine Mountain,*

*Faces all aglow.*

*Turn, turn your back on darkness,*

*Reach up to the sky.*

*Climb, climb up Sunshine Mountain,*

*You and I.*

