

PACK A BACK PACK

Exploring the great outdoors is very exciting for the Cub Scouts, but it is very important that they are properly equipped before they go out.

For a day hike/activity or night hike it is very important that the backpack is not too big, yet large enough to carry everything the Cub Scout will need when out and about. A school-bag type backpack is ideal for this purpose. It is important that everything needed for the day outing is carried IN the bag-pack.

It is of utmost importance that the Cub Scout him/herself prepares the bag-pack for the

activity as this will help them to plan for everything, be independent and know their gear. It also helps them not to forget important things next time.

It is important that if the Cub Scout require any specific equipment or gear for that particular activity they are told about it before hand so that they can bring it with them. While packing a bag-pack sack it is important to plan beforehand what you need and have everything in front of you so as to pack everything according to the weight and its use during the activity.



Model # 64620
16" x 13" x 6"
1248 cubic inches

Day Hike/Activity

- Scarf
- Activity wear
- Lunch
- Water
- Raingear (raincoat, poncho)
- Sun Protection (cap, sun cream)
- Notebook
- Pens

Night Hike

(same as day hike/activity except for the sun protection)

- Flashlight
- Spare Batteries
- Highlighted Vest

BRONZE ARROW



ACTIVITY FACT SHEET



Suggestion:

o You can use the below activity in order to see whether the cubs have understood how a pack a backpack and what is important for them to bring on the particular activity.



Activity: In door session



Objective: Pack a Back Pack



Time: 1 hour



Outline: Divide the cubs in the Bronze Arrow, in groups of three and give them each an activity that they will go on (use some of the activities that your group does for the pack section). Then let the cubs think, discuss and write down what they need for that particular activity and what they can do without.

Afterwards discuss what they have written down in order for everyone to learn from each other and to see what they need for the different activities that you gave them.



Equipment: Notebook, Pencil/Pen, Cub Book, Backpack.



Place: Group HQ



Group Size: Pack



3rd Parties: N/A



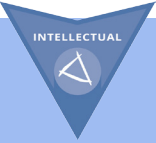


BRONZE ARROW



ACTIVITY FACT SHEET



During the Activity:

-  – The cubs will be working in a team thus learning from each other, hearing others' opinions and share their ideas.
-  – You can take the different things needed to be packed and have the cubs pack the bag pack.
-  – They need to plan their bag and think what might be needed for the activity and what they can do without. They can also learn how to pack properly with the heavier things being placed on the bottom.
-  – They need to think of how not to forget anything essential, yet be able to fit it all in one small bag. Maybe they can come up with ideas of how one thing then be used for more than one scope.
-  – Discuss the importance of them packing their own bag. See if they have ever packed it themselves or if their parents usually do it. Allow space to see how venturing into being more independent and packing their own bag makes them feel: uneasy, worried, over confident, etc.

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After the Activity:

You will need to observe the cubs during other hikes your pack organizes to see if they really understood what and how to pack a bag pack.

