SPIRITUALITY

Having a letter from God is quite an imaginative thing. But the idea behind the letter, is to make the Cubs reflect on their daily actions. The intention of the session is not to preach Catholic issues or other things. It is more appropriate to discuss God in the Cubs' way, that is, in relations to school, home, friends etc.

During your discussions, put forward subject likes hunger, pain, children without families (*be sure that no cub is an orphan or living in a separate family*). They should appreciate that at least they find food and clear water, essential things that in other countries is really scarce.





ACTIVITY FACT SHEET



Activity: Letter from God



Objective: Help the Cubs appreciate all that surrounds them.



Time: 30 minutes



Outline: Read the letter (either together, or individually). Then have the Cubs discuss it, and extract the most important points (here, lead the discussion toward whether or not we appreciate what we find around us, rather than towards a more religious aspect).

After the discussion, ask the Cubs to write a reply letter. There are two options: either to God, or to their parents, or school teacher, etc. Again, the theme of the letter should be that of thanksgiving. If you choose the second option, the letter can be handed to the person. If you choose to write the letter to God, these can be burned during a campfire, for example.



Equipment: Papers and pens to write the replies



Place: Group HQ



Group Size: Arrow Group



3rd Parties: N/A



ACTIVITY FACT SHEET



During the Activity:



– During the discussion, the Cubs share what they are thankful for and why.



- Helping the cubs become aware of their spiritual side and distinguishing spiritual from religion.



– The cubs can be creative in their reply to the letter. In addition, if the reply is to God, it can be sent by a message in a balloon or by burning it in a campfire.



– Discussions about how things we take for granted are scarce in other countries can bring out various emotions such as feeling luck, pride, sad, frustration, hope for change, etc.



– Focus on appreciating what we have, and how many people worked hard for us to have what is around us.



