

# CAMP SAFETY AND HYGIENE

Camping is one of the most basic activities for Scouting and all Scouts, especially the Cubs look forward to it. However, in order to do a camp one needs a lot of planning and discussions for the camping to be of success and for no one to get injured. Two important aspects are Camp Safety and Hygiene.

As the Scout motto say, it is important that you are always prepared for the unexpected. It is important that you have a first-aid kit while camping, sleeping gear, clothing and a spare pair, rain coat, torch and extra batteries, sun-protection and any other object related for that particular camp.

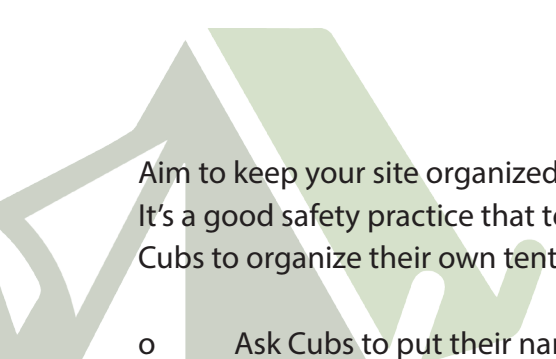
When planning a camp, the layout of the campsite is important. One should consider things such as the location of the cooking area to the tents (remember that you need to put these two away from each other by at least 100 meters), the site of the toilets, the place of the garbage bins in accordance to the food store and cooking area.



Safety measures must be clear to everyone present as the campsite is full of dangers. The Fire Warning, the Fire Drill and the Assembly Meeting Point must be known by everybody. Some rules which may be important during a camp are:

- o In case of fire, keep a number of buckets full of water close to the campfire, cooking and tent areas. Place a bucket of water outside each tent, two in the cooking area and one beside the campfire site
- o Keep campfires and cook-outs in control and under adult supervision all the time.
- o Rope off the cooking area and make it out of bounds for everyone except those on cooking duty.
- o Tie white or fluorescent strips on tent ropes. If they are easy to see, campers will be less likely to trip over them.
- o No running/walking between the tents due to the pegs.
- o Keep the clothesline out of the general area of the camp.
- o Ensure that there is adequate lighting at the campsite. Encourage Cubs to use their flashlights only when needed and in the tents.
- o No Cub, Scout, Leader or helper must move around the campsite bare-chested, bare-footed or without a cap and preferably with sun-protection on.
- o Try to stay out of the sun when possible and use a marquee (shelter) if possible for activities.
- o Use mosquito anti-repellent.





Aim to keep your site organized, neat and tidy with a place for everything and everything in its place. It's a good safety practice that teaches good habits as well. Once the camp is set up, encourage your Cubs to organize their own tents and belongings.

- o Ask Cubs to put their name on every item they bring at camp.
- o Never allow food in the sleeping tents. Only water is allowed in the tent.
- o Have cubs keep their personal belongings in their rucksacks.
- o Ask each Cub to bring small plastic bags for his dirty laundry in order to keep it separate from the clean.
- o Arrange a place where Cubs can hang up their uniforms on hangers, and cover them with plastic bags.
- o After supper, have the cubs lay out their sleeping bags and make sure their flashlight is on top so they don't need to search for them in the dark.
- o Air tents every morning (open windows and doors to fresh air and fold up sides).
- o Keep screens zipped against insects. If there are no screens, close doors.
- o Check tents each morning to make sure pegs and poles are secure.
- o Wash and change clothes before sleeping.
- o Keep plates and cutlery in a bag outside from the tent.
- o Use proper bins for your garbage and keep the place tidy.
- o Wash your hand before and after eating and after using the toilet.
- o Clean the tent every morning.

### **Suggestions:**

- o Discuss with the cubs how they think a campsite should be laid out and let them plan it. Obviously, they will come up with various plans. It is advisable that the session should be conducted as either a game or a drawing/chart. Give roles to the cubs such as the GSL, the Akela etc and try to debate for example why Akela should request the safest point on the campsite and the roughest to be assigned to the ventures.
- o Discussion regarding camp and personal hygiene is important with the cubs, as this may be the first time living alone away from their home. They need to take care of themselves as well as their things. A sixer can teach their six with the help of a leader. Showing them how to pack and give them papers of what they need to bring is also helpful. Doing an inspection is useful.
- o Discuss what should be done to minimize accidents that might happen on a campsite. This can be done either by discussion or by letting the cubs do charts and then use them during the camp as safety rules.
- o Clean-Up! Let the cubs clean up after themselves at the end of the camp.



# ACTIVITY FACT SHEET



**Activity:** Planning the Campsite Layout, Inspection, Clean-Up



**Objective:** Campsite Safety and Hygiene



**Time:** 1 hour each



**Outline:**

**Planning the Campsite Layout** – Before a camp let the cubs plan the layout of where the tents should be, the kitchen, etc in order to see if they have understood the concept of campsite safety.

**Inspection** – During the Camp leave a slot free in order to do an inspection where you give a stipulated time for the cubs to prepare for it. Through this you will see the cubs personal hygiene and also their surroundings.

**Clean-Up** – During the camp divide the pack in sixes in order to clean-up the campsite after the camp. This may be done in a form of game. The more they clean-up the better points their six will get.



**Equipment:**

<b>For the planning:</b>	Charts, Colours, Pens, Cub Book
<b>For the clean up:</b>	Garbage bags, Disposable gloves



**Place:** Group HQ / Campsite



**Group Size:** Pack









**3rd Parties:** N/A



# ACTIVITY FACT SHEET



## During the Activity:

-  **SOCIAL** – Being in a team and helping each other to keep the campsite clean and learning from each other.
-  **PHYSICAL** – Being safe during the camp activities and being able to walk around during the clean-up
-  **INTELLECTUAL** – Thinking wisely while planning the site layout and during the inspection in order to put in order their belongings.
-  **CREATIVE** – Being able to create the campsite layout and safety rules themselves.
-  **EMOTIONAL** - Become more aware about their camp environment, and how safe they feel.
-  **SPIRITUAL** – Caring about safety, is not only caring for ourselves but also caring for others.

