



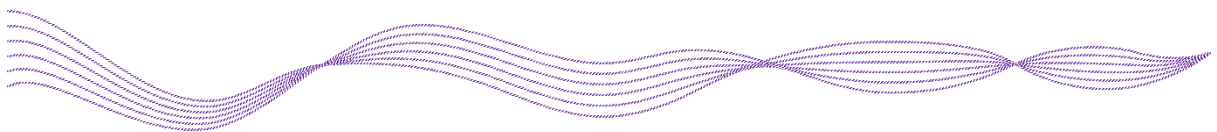
**SCOUTS**<sup>®</sup>  
Nibnu Dinja Aħjar



THE SCOUT ASSOCIATION  
OF MALTA



# ***The Silver Crest Award***



## Award Definition

- *Climbing to reach the crest (peak) of one's scouting experience, whilst achieving prestige, provided that Silver reigns in Scouting.*
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## Award Summary

*The **Silver Crest Award** provides a Scout with additional opportunities for learning, personal growth, citizenship, and life skills development.*

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**The award's concept is based mainly on the Scout Promise:**

## Scout Promise

*On my honour, I promise to do **my best**,  
to do **my duty to God** and **my country**  
to **help other people at all times**  
and to **obey the Scout Law***

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## Award Motto

***Be Involved***

## Award Objective

*This Award develops one's knowledge, understanding, skills and awareness, necessary to provide him/her with the skills to progress his/her character and intellect:*

- *Achieve a sense of self-reliance and develop a positive approach to problem-solving using initiative and imagination.*
- *Develop an understanding of relationships on personal, group and community level, and to contribute by accepting their responsibilities of participating and leadership.*
- *Explore a healthy life, both physically and mentally based on strong values and spirituality.*
- *Achieve life choices through learning by doing.*
- *The understanding of how important our environment is both on a local and global scale.*
- *A better understanding of how important volunteering is in the community.*
- *Understand more clearly the Scout Promise and Law and to live by them in today's world.*
- *Make a Difference in society and to oneself by the projects chosen.*
- *Do your best*
- *Understand the importance of having a positive attitude towards life by appreciating the value of living, through Scouting*
- *Building a better community through working with vulnerable people and assisting them in gaining necessary skills for a better life.*

## Award Criteria

### **Commitment:**

- *Demonstrates an intense commitment to provide excellent service to others.*
- *Shares enthusiasm for Scouting with other stakeholders.*
- *Maintains perseverance in the face of adversity.*
- *Is known in the community as a reliable go-to person, willing volunteer or good citizen (e.g. reaches out to new staff; motivates others around a cause) who enriches the Scout movement.*

### **Requirements:**

- *Age between 18 and 26 years.*
- *It can be achieved by both Rovers and Wood badge holders who have not yet reached the age of 26.*
- *The Award can be achieved through :*
  - *either completing one Major Project of 250 Hours*
  - *or Three Minor Projects 100 Hours each*
- *If the major project taken is quite challenging, it can be implemented by a team instead of 1 person. The 3 minor projects taken on the other hand have to be completed by 1 participant only.*
- *The minimum number of a team is 2 and the maximum number is 3 team members.*
- *The skill/item chosen for the Rover Programme cannot be repeated in this award.*

### **Learning:**

- *Views mistakes as stepping stones essential for further growth.*
- *Promotes transfer of knowledge and influence from person to person.*
- *Recognizes and responds to differing learning preferences and cultivates other's abilities and talents.*
- *Models an open attitude toward self-evaluation.*
- *Promotes self-direction and empowers colleagues to make decisions.*
- *Celebrates the learning process for its own sake.*

### **Collaboration:**

- *Works under the assumption that everything is subject to re-examination and acts on opportunities to implement positive change.*
- *Solicits diverse views in completing projects. Shares knowledge or information thus contributing to group success.*
- *Establishes effective partnerships across multiple levels of the organization.*
- *Builds consensus in decision-making. Increases success of team(s) through process of cooperative problem-solving*




## The Award's 3 Sections

*This award is divided into three main areas:*

**Oneself:** *which offers various opportunities in which one can develop at a personal level in various aspects.*

**Community:** *which enables the participant to give something in return to society through the empowerment of others, around them.*

**Scouting:** *where one will have the opportunity to work within our association both nationally and internationally to make a difference.*

 <p><b>Oneself</b></p>	<p><b><i>Improve oneself by learning:</i></b></p> <p><i>Encourages young people to become more active in their journey of self-development</i></p>
 <p><b>Community</b></p>	<p><b><i>Volunteering :</i></b></p> <p><i>Encourages young people to be involved in one's community</i></p>
 <p><b>Scouting</b></p>	<p><b><i>Organising:</i></b></p> <p><i>Encourages young people to pass the knowledge that they achieve through scouting</i></p>

## Learning Outcomes

If participation is at the heart of any effective Adult Scout, then the development of the participatory level will directly improve it. Effective participation can also be an opportunity to:

- *Experience unfamiliar environments*
- *Building new relationships*
- *Increase self-awareness and self-appreciation*
- *Working in a team*
- *Experience responsibility*
- *Developing communication skills*
- *Showing initiative*
- *Learning new skills and enhancing existing ones*
- *Increase self-discipline and self-control by successfully setting and achieving a pre-set goal*
- *Self-belief, Self-esteem and self-confidence*
- *Becoming proactive*
- *Understand others' point of view and finding a common ground*
- *Increased emotional intelligence*
- *Enhancing leadership qualities*
- *Accepting the responsibility of commitment to others*
- *Trusting and being trusted*
- *Enhancing self-motivation*
- *Improving self-learning*
- *Problem solving*
- *Planning and evaluation*
- *Time management*
- *Become more resilient and flexible*

## How the Award works

The **Silver Crest Award** is designed to be a challenging yet achievable programme and is gained through active participation.

The Award can be achieved by either completing **One** Major Project of 250 Hours or **Three** Minor Projects of 100 Hours each.

These projects must be completed over a period of at least two years. They can be completed in any order and more than one project can be planned and executed at the same time.

Whether it is a major or a minor project, all three sections are to be included in the planning, design and execution of the project/s. One has to do at least between 2 and 3 hours per week according to the projects taken.

An Assessor/Supervisor will be assigned with the participant to monitor the progress during participation.

Hours are to be logged and an assessor will help and work with the participants during the projects.



### ONESELF

- Health and Strength
- Language
- Learning Process
- Beliefs and Practice
- Traditions and Cultures

### COMMUNITY

- Human
- Your Village
- Animal welfare
- Community
- Environment

### SCOUTING

- National activities
- International activities
- Programme and Training Team
- National Scout Youth Council
- Campsite

## Award Assessment

This Award will be assessed by presenting a detailed report (videos, photos, handouts, etc.) on all the project/s done in the areas chosen by the participant. A board of members will analyse the report/s. The participant/s will carry out a power point presentation which will then be followed by a final interview by the same Board members.

## Award Achievement

A badge will be awarded to place on uniform (on the right pocket on the shirt) and to keep on the shirt together with a certificate and be presented on an Awards Night.

## Conclusion

*In this way, the Scout Association is empowering participants to make a difference and create a better world! At this stage, rovers may already have a number of commitments both inside their Group and outside but 'hey!' a good scout is able to manage his/her time wisely and develop holistically.*

*My personal message to all participants is not to be afraid by the amount of work involved in this award. This is an investment in yourself through the time spent and the activities accomplished. It will help you develop your own skills while helping others develop their own. Is truly worth it! Hence manage your time wisely, prioritize and set goals that will take you wherever you want to be in life.*

*This award has all the necessary components to help you do that, to give you a unique experience and help you develop personally as an individual and also as a scout. It presents a number of examples to help you be creative.*

***Be involved, spread happiness and become a better version of yourself by helping others!***

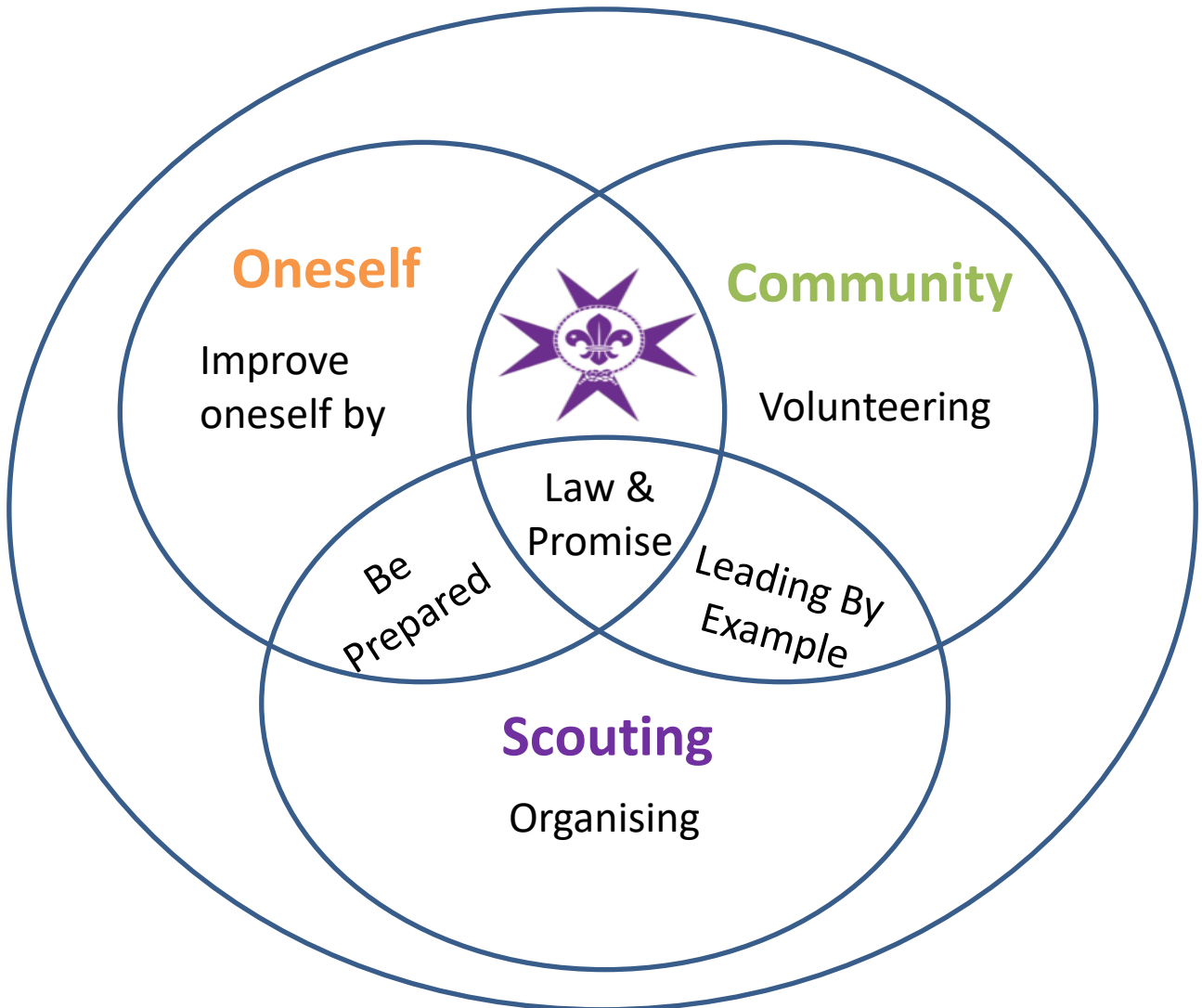




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# *Oneself*

**Improve yourself  
through learning**



## (1) HEALTH and STRENGTH

*Mental well-being, Happiness, Power, Maximising potential, Toughness, Being strong  
Taking care of our own body and our general well-being is essential. We only have one body and like any other living organism it needs proper care. The following are areas that form the main components of our general health and well-being, components that definitely should not to be neglected.*

### **Healthy Eating**

*The British say that "An apple a day keeps the doctor away", and it's true...but is this enough? Two important factors when it comes to nutrition is balance or variety and consistency. Apart from a balanced diet, the individual's lifestyle and goals play a very important role. Becoming more knowledgeable with this topic and set off for a journey to improve or change your eating habits and encouraging others.*

### **Social Health**

*Being socially active is one of the central aspects in scouting. We are all amazing in our own way so don't be afraid to get out of your comfort zone and put yourself out in the open space. Become more involved in your community, seek new opportunities and meet new people.*

### **Mental and Emotional Health**

*The mental and emotional healthcare also core components of our general well-being. Even though mental and emotional well-being are two different things, they are closely linked to each other. You want to get to know yourself better? This is the perfect opportunity to do so. Become more self-aware, self-confident, increase self-acceptance and self-esteem, visualise your current strengths and weaknesses, embrace them and make a strategy of how you can improve yourself. Now, a lot of the word "self" and "your" is used here but as our founder said, in order for us to be happy we need to give happiness to others.*

*That being said, not only will you become a better version of yourself but you will also be able to help others more effectively. You can achieve this by becoming more involved with mental health institutions such as Richmond Foundation and Inspire and attend seminars which are aimed at improving oneself.*



## (2)

## LANGUAGE

*Language is an extremely important factor in our human life. Without it we have to find out other means to communicate and to convey our thoughts and ideas. Unfortunately, some of us cannot use language in the mainstream fashion and as such different strategies were created to facilitate communication for these individuals.*

### Learn Braille language

### Learn Sign language

### Lip Reading

*These three methods of communication are still not very popular and not widely practiced in Malta. Unfortunately, there are no courses available, but luckily, thanks to the Internet one can learn these languages online. It's not only about learning but it's also about facilitating the learning of this language to an individual who needs to learn this type of language to communicate.*

### Learn Body language

*Like the languages mentioned above, body language and eye movement courses are not extensively offered on our island. The Internet is a good source for gaining a lot of insight with regards to this topic. Having a basic knowledge of body language is very beneficial, as one is able to communicate more effectively and understand the other person more accurately. We say many things using our mouth and vocal organs but we say a lot of other things, which generally reflect our real thoughts, with our body.*

**Link:** <http://www.study-body-language.com/>

### Dialects

*Even if we live on a small island, we are still surrounded by various dialects. Find out the history of one or more dialects on the Maltese Islands, and how these may have influenced our mainstream language.*

## (3)

## LEARNING PROCESS

*In the general sense is any act or **experience** that has a formative effect on the **mind, character, or physical ability** of an individual. In its technical sense, education is the process by which society deliberately transmits its accumulated **knowledge, training, skills and values** from one generation to another.*



<b>Communication skills</b>	<i>Communication is a very important aspect of our life because it is the way we convey our thoughts and ideas to other individuals. As such, it very important for a person, especially in the education sector, to continue improving one’s communication skills so that he/she can transfer the message more effectively and accurately.</i>
<b>Team work</b>	<i>Team work is also an important factor in our daily life. As humans we are social beings and we tend to be part of some sort of group. In some cases, being part of a group also entails one to work in a team with people of different backgrounds, experiences, perceptions and ideas and as a result one has to be self-aware and able to adapt and work effectively within the team.</i>
<b>Safeties</b>	<i>Safety is vital to our lives. One needs to be able to provide a safe environment or at least pinpoint hazards and risks and do everything within his/her own power to minimise these risks in order to ensure everyone’s safety.</i>

**(4)**

**BELIEFS AND PRACTICE**

*This area provides an opportunity for the youngsters to find out a great deal about themselves through various events including their own lifestyle and personal values system. One of the aims of the Scout Association is to encourage the spiritual development of young people. Belief and its exploration helps Scouts learn from other faiths and develop their own personal beliefs and values. Scouts are open and willing to explore faiths whether established and defined or not. ??*

*In our diverse society, people can feel uncomfortable with this sensitive subject. Leaders should encourage young people to explore faith, beliefs and attitudes through a variety of ways such as:*

<b>Religious organisational membership</b>	<i>Helping organise and run religious events in one’s local community or any other locality of choice.</i>
<b>Voluntary Service</b>	<i>Organise a fundraising activity or visits in various institutions such as residential homes and so as to help those at a disadvantage better celebrate any festive season.</i>



<b>Local feasts</b>	<i>Being involved with the organisation and running of this event. One can also be part of the first aid team and assist in any way possible.</i>
<b>Multi-cultural event</b>	<i>Organise or attend a multi-cultural event that will present experiences that inspire others. Multi-cultural events also enable one to meet new people and to perceive culture from a different perspective.</i>
<b>(5) TRADITIONS AND CULTURES</b>	
<i>Traditions and cultures are composed of different layers and components which can be explored so that one can become more familiar with and aware of traditions and cultural aspects.</i>	
<b>Handcraft Skills</b>	<i>The following are some of the skills which can be explored and learnt: <b>Ganutel, Iċ-Combini, In-Newl, Induratura, Madum Malti, Tberofil, Xogħol ta' l-Arġentier, Fuhhari, Xogħol tal-Qasab, Irhamar, Xogħol tal-Haddied, Furnar.</b></i>
<b>Games</b>	<i>Maltese Folklore games to teach within scout groups so that today's children will have a better picture of their roots. <b>Passju, Habel, Zibeg u Bocci, Zunzana iddur iddur, l-Ahhar daqqa ta' harta, Noghli.</b></i>
<b>Arts</b>	<i>This aspect includes; Maltese literature, paintings, sculpture and architecture. Maltese history of Art is also a very interesting aspect to explore. Why not try creating a photo journal related to the different aspects of Maltese culture</i>
<b>Music</b>	<i>Music is produced through various mediums. Learning how to play at least one of the traditional instruments would be interesting. Be knowledgeable of the origins, use and history of: <b>Għana, Iż-Żaqq, il-Qarn, iż-Żummara, il-Flejguta u l-Bedbut.</b></i>
<b>Food</b>	<i>Malta even though a small island, has a huge repertoire of traditional food. Why not become familiar with the traditional manner of cooking of a number of these items? It would be very interesting to take pictures or video record the experience. Some of Malta's traditional food includes; <b>Figolli, Karamelli, Kwarezimal, L-Għadam tal-mejtin, L-Imbuljuta, Bigilla, Maltese bread.</b></i>



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<b>Carnival</b>	<i>Be part of the organisational team of this event or become involved with a club or group who create carnival floats (karrijiet tal-Karnival).</i>
<b>Festivals</b>	<i>Festivals are becoming very popular locally. Become involved in the organisation and running of such event. You can also be in charge of organising a stand for your scout group with the aim of promoting scouting.</i>
<b>Regatta</b>	<i>Once again you can be part of the organisational team of this yearly national event or you can also be a member of one of the teams who participate in this aquatic event.</i>



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# *Community*

# *Volunteering*





## (1) Volunteering

*As scouts we should be involved in our society and community as much as possible. The Rover's motto is to be of service. As a result, following what we have learnt in the previous part, where we focused on our own personal development, we should start giving something back to our society based on what we have learnt so far.*

*The following are some ideas which you can do to be of service to society. If possible, you should do any of these projects within a team.*

### Immigrants

*Volunteering amongst immigrants will help you get a better insight to other ethnic groups, appreciate foreign cultures and different beliefs, while understanding better the pain the asylum seekers and immigrants go through in their journey towards Europe.*

### Bullying

*We can put an end to bullying if we work together. Volunteer to share tips and tactics to overcome bullying, promote positivity at school, and publicly take a stand with your friends. Join millions of young people that care by signing up for a campaign below to actively stop bullying. <https://www.dosomething.org> run dozens of campaigns each year to reduce bullying. One can also organise lectures about cyber bullying by hosting a Social Media workshop. There are various ways one can reduce bullying, whether it's creating safe spaces to share stories, spreading positivity, or bystander intervention.*

### Lone Elderly

*There are lots of ways to help lonely or socially isolated elderly people in your community. The person you're helping will reap health benefits, and you'll find that you will as well.*

*Volunteering for an organisation that supports elderly people is a significant way of helping a lonely or socially isolated elderly person. Nevertheless, a simple friendly chat or phone call can make a huge lot of difference, too.*

*Evidence suggests giving your time in this way is valuable to you to the person who receives it. It is also likely to boost your self-esteem and sense of purpose while taking your mind off your own problems for a while.*

*Do you know an elderly person who lives alone, rarely leaves the house, has recently suffered a bereavement, is in poor health, disabled, has sight*

	<p><i>or hearing impairment, or doesn't seem to have any relatives living nearby?</i></p> <p><i>Ask them if they need any help with tasks such as shopping, posting letters, picking up prescriptions and medicines or dog-walking. Accompanying them or give them a lift to; activities or doctors' and hospital appointments, the library, hairdresser, or faith services, social events It would be ideal to host coffee mornings for groups of elderly people!</i></p>
<b>Donate Blood</b>	<p><i>The national blood transfusion unit strives to provide a sustainable safe blood supply in the Maltese Islands. The services offered include counselling to donors, basic biochemical screening and awareness campaigns on the importance of blood donation.</i></p> <p><b>Email:</b> <a href="mailto:customer-care.nbts@gov.mt">customer-care.nbts@gov.mt</a></p>

**(2)**

**YOUR VILLAGE**

<b>Local Council</b>	<p><i>One of our main responsibilities is to be of service to the community. Visit your local council and discuss in what ways your Scout Group could be of assistance in your community or any community of your choice. You could organise various activities such as <b>Clean up the World</b> Campaigns with other youth entities such as <b>Youth Centres</b> and <b>Sport Clubs</b>. These can also involve individuals who are not part of any of the organisations mentioned above. There are various ways in which you can get involved within your community so be creative and innovative!</i></p>
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**(3)**

**ANIMAL WELFARE**

<p><i>Concern for animal welfare is often based on the belief that animals are <b>to be loved</b> and that consideration should be given to their <b>well-being</b> especially when they are under the care of humans.</i></p>	
<b>Dogs Trust Malta</b>	<p><i>Our mission is to ensure that everybody is aware of the health and welfare responsibilities to their dogs as dog owners and to provide a free service of neutering and micro chipping to those who wouldn't or can't afford it.</i></p>



	<p><b>Links:</b> <a href="http://dogs-trust-malta.aidengine.net/home">http://dogs-trust-malta.aidengine.net/home</a> <a href="http://www.dogstrustmalta.com/">http://www.dogstrustmalta.com/</a></p>
<p><b>Ċentru San Frangisk</b></p>	<p><i>San Frangisk Animal Hospital at Ta' Qali is the local hospital of animals. Become involved in the rescuing and assisting of animals in need so that you can live one of the scout's sayings, to create a better world.</i></p> <p><b>Link:</b> <a href="https://www.yellow.com.mt/Centru-San-Frangisk/malta-goza">https://www.yellow.com.mt/Centru-San-Frangisk/malta-goza</a></p>
<p><b>Animal Care Malta</b></p>	<p><i>Animal Care Malta is an officially registered non-profit voluntary organization, dedicated to the welfare of the many stray cats in Mellieha, a town in the north of Malta. They are feeding and taking care of about 120 cats daily.</i></p> <p><i>Their main aim is to take care of our own colonies but when enough funds are coming in, they try to help feeders of other colonies with neutering and medical care. After treatment they try to find good homes for them.</i></p> <p><b>Link:</b> <a href="http://www.animalcarenmalta.com/">http://www.animalcarenmalta.com/</a></p>
<p><b>SPCA</b></p>	<p><i>Ever since 1937, the RSPCA, as it was then called, has cared for stray and abandoned animals on our island. We now help over 400 cats and dogs every year at our Re-Homing Centre in Floriana.</i></p> <p><i>The bulk of their activities are centered at their Centre, where the SPCA takes in stray and abandoned cats and dogs, rehabilitates them where necessary and finds them loving homes. Also we promote the benefits of neutering to prevent unwanted litters from being born and educating people of all ages about animal care through our educational programme.</i></p> <p><i>SPCA Re-Homing Centre, St Francis Ravelin St., Floriana Tel: 2123046/77711100</i></p> <p><b>Email:</b> <a href="mailto:manager@spcamalta.org">manager@spcamalta.org</a></p> <p><b>Link:</b> <a href="http://www.spcamalta.org">www.spcamalta.org</a></p>



<p><b>CSAF</b></p>	<p><i>Founded in 2005 by Doris Zarb, with the help of some volunteers, the CSAF shelter has grown welcoming in alot of lovely felines. Today the shelter has more than 250 beautiful cats and kittens waiting for permanent homes. Each one is welcomed with kindness and medical attention. C.S.A.F. has cured and cared for thousands of cats and always seek voluntary help for treatment, feeding and neutering felines.</i></p> <p><b><u>Email:</u></b> <a href="mailto:csafmalta@gmail.com">csafmalta@gmail.com</a></p> <p><b><u>Link :</u></b> <a href="http://www.csafcatsanctuary.org">http://www.csafcatsanctuary.org</a></p>
<p><b>Adopting a Pet</b></p>	<p><i>Having a pet, especially if adopted, is one of the greatest joys in life. The ability to take good care of another living creature besides oneself, is truly a unique experience. Obviously, it is important to keep in mind one’s own lifestyle and one’s own resources before adopting a cat or a dog. Not everyone is able to adopt a cat or a dog and take good care of them.</i></p>
<p><b>Animal Protectors Malta</b></p>	<p><i>A newly founded non-profit organisation fighting animal cruelty and assisting strays and abandoned animals hands on.</i></p> <p><b><u>Email :</u></b> <a href="mailto:animalprotectorsmalta@gmail.com">animalprotectorsmalta@gmail.com</a></p> <p><b><u>Link :</u></b> <a href="http://www.animalprotectorsmalta.com">http://www.animalprotectorsmalta.com</a></p>
<p><b>Bird Life</b></p>	<p><i>BirdLife Malta is the oldest environmental organisation in Malta. Here one can find out how it all started, what they get up to today, how one can become part of the team and all the information you need for contacting them.</i></p> <p><i>There are many ways one can get involved with their work, and help birds and nature in Malta.</i></p> <p><b><u>Link:</u></b> <a href="http://birdlifemalta.org/get-involved/">http://birdlifemalta.org/get-involved/</a></p>

**(4)**

**COMMUNITY**

*This area aims at contributing to the development of your local, national, or international community. These are some suggestions and their aims;*



<p><b>Puttinu Cares</b></p>	<p><i>Puttinu Cares Children's Cancer Support Group</i>  <i>Postal Address: Rainbow Ward Paediatric Adolescent Ward, Sir Anthony Mamo Oncology Centre level -1, Msida</i>  <i>VO Number: VO/0087</i>  <i>Contact No: +356 7980 9778</i>  <i>Email: info[@]puttinucares.org</i></p> <p><b>Link:</b> <a href="http://www.puttinucares.org/contact.asp">http://www.puttinucares.org/contact.asp</a></p>
<p><b>Dar Nazzarett</b></p>	<p><i>Fondazzjoni Nazareth was founded on the 8th. September 1995 by Fr. Angelo Seychell as an organisation for people with special needs. It provides homes for those who have no family or cannot live with their family for some reason or other.</i></p> <p><i>Presently it runs three homes namely Dar Nazareth, Dar l-Arċipriet Degabriele and Dar Jean Vanier. It also has a workshop Dar San Ġuzepp Haddiem where residents attends daily from Monday to Friday and produce various works according to their abilities under the direction of the workshop manager. This also serves as therapy to the residents.</i></p> <p><b>Link:</b> <a href="http://www.fondazzjoninazareth.org/about-us/">http://www.fondazzjoninazareth.org/about-us/</a></p>
<p><b>Dar tal-Providenza</b></p>	<p><i>Dar tal- Providenza welcomes volunteers whom they believe can enrich the life of our residents in so many ways, such as by widening their circle of friends, becoming faith companions, helping out in the day to day running of the homes (such as maintenance work, in the kitchen in laundry), helping in our fundraising activities or by offering their professional skills.</i></p> <p><b>Email:</b> <a href="mailto:info@dartalprovidenza.org">info@dartalprovidenza.org</a></p> <p><b>Link:</b> <a href="http://www.dartalprovidenza.org/index.php/en/2013-09-11-07-42-52/2013-09-11-08-43-01">http://www.dartalprovidenza.org/index.php/en/2013-09-11-07-42-52/2013-09-11-08-43-01</a></p>
<p><b>The Malta Community Chest Fund</b></p>	<p><i>The Malta Community Chest Fund is a charitable institution chaired by The President of Malta. The President's spouse is the Deputy Chairperson. The aim of the institution is to help philanthropic institutions and more importantly, the individuals with different need. The Fund does not receive any funds from the Government. However, throughout the year, various activities such as balls and concerts are organised by the Fund and also by the Office of The President to raise funds. The Malta Community Chest Fund also relies on the generosity of corporate companies and the general public for the collection of money.</i></p>



	<p><b>Link:</b> <a href="http://president.gov.mt/mccf/become-a-volunteer/">http://president.gov.mt/mccf/become-a-volunteer/</a></p>
<b>LifeCycle Challenge</b>	<p><i>By putting such an extreme event together, LifeCycle intends to attract the Maltese public's attention to the plight of patients of the Renal Unit, and to encourage generous donations from the public. In past years, LifeCycle has raised a considerable sum of money, helping the government to cover the approximate figure of €25,000/year per renal patient.</i></p> <p><i>LifeCycle has three main aims:</i></p> <ul style="list-style-type: none"> <li><i>To raise awareness about Renal Disease.</i></li> <li><i>To raise funds for the high tech equipment necessary to upgrade the Renal Unit at Mater Dei Hospital.</i></li> <li><i>To increase the quality of life of Renal Patients by allowing them access to cutting edge levels of care.</i></li> </ul> <p><i>The LifeCycle Organisation is registered with the Kunsill Malti għall-Isport and the Commissioner for Voluntary Organisations.</i></p> <p><b>Link:</b> <a href="http://www.lifecyclechallenge.com/">http://www.lifecyclechallenge.com/</a></p>

**(5)**

**ENVIRONMENT**

*Become aware of how everything you do has an impact on the environment. Try doing something to leave a positive impact;*

**Nature Trust Malta**

*At Nature Trust (Malta) are constantly growing and expanding into areas new and old. Volunteers are needed to expand their passion in n any of the following areas :*

- 1. Watering of trees at Wied Ghollieqa*
- 2. Giving a hand at the Tree Nursery at Wied Għollieqa and Lija*
- 3. Administration work*
- 4. Clean ups*
- 5. NTM stand in fairs*
- 6. Marine Rescue Team*
- 7. Fundraising events*

**Link:**  
<http://www.naturetrustmalta.org/how-you-can-help/jobs/>



<p><b>The GAIA Foundation</b></p>	<p><i>Gaia Foundation seek volunteers to help them out in the propagation of endemics plants. In summer, extra help is needed to disseminate information, patrol the beach and participate in our awareness activities. Gaia also carries out a volunteer hosting programme through Erasmus (EVS). One can also apply for an internship with them.</i></p> <p><b>Opportunities range from:</b></p> <ol style="list-style-type: none"> <li>1. Working in their specialised plant nursery for indigenous and endemic plants</li> <li>2. Guiding visitors around their project sites</li> <li>3. Helping out in their organic olive grove</li> <li>4. Giving a hand with the tree planting and seed gathering</li> <li>5. Assisting Gaia rangers on beach watch in the summer months</li> </ol> <p><b>Link:</b> <a href="http://www.projectgaia.org/index.php/component/content/article?id=35">http://www.projectgaia.org/index.php/component/content/article?id=35</a></p>
<p><b>Din l-art Helwa</b></p>	<p><i>If you wish to volunteer a few hours a week, morning or afternoon, if you like meeting people from different countries, these two exciting historic places are located in splendid locations and are waiting for you. All funds raised through visitor nation. Even a few hours will help. For more information please call the Din l-Art Helwa office, on 21225952 between 8:30 and 12:30. Training will be given on the job.</i></p> <p><b>Link:</b> <a href="http://dinlarthelwa.org/uncategorized/appeal-for-volunteers-from-din-l-art-helwa/">http://dinlarthelwa.org/uncategorized/appeal-for-volunteers-from-din-l-art-helwa/</a></p>
<p><b>Fundazzjoni Wirt Artna</b></p>	<p>It is a non-Governmental Organization (NGO) found in Birgu called also The Malta Heritage Trust. It is one of the prime organisations in Malta working for the preservation of its national heritage. This NGO actively encourage the diffusion of Maltese cultural heritage awareness and appreciation, regularly restoring new heritage sites, while providing related educational programmes on site.</p> <p><b>Email:</b> <a href="mailto:info@wirtartna.org">info@wirtartna.org</a></p> <p><b>Link:</b> <a href="http://www.wirtartna.org">http://www.wirtartna.org</a></p>
<p><b>Park Majjistral</b></p>	<p><i>The park welcomes any volunteers willing to help on site and invites interested groups to get in touch for organising some teambuilding activities through voluntary work outdoors.</i></p>



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*Help is needed in the following areas:*

- *Clean ups*
- *Care for forestation area*
- *Erosion control*
- *Reporting of illegal activities in the park*

*For more information, please contact them on email: [info@majjistrat.org](mailto:info@majjistrat.org)*





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# *SCOUTING*

## **(Organising)**

Provide service to the [Scout Movement](#)

## (1) NATIONAL ACTIVITIES

**Be part of the National Events team**

*Be part of the National Events team for at least one year. Be directly involved with the organisation and running of at least 1 National activity;*

**Contact Asst. Commissioner Events** : [events@scout.org.mt](mailto:events@scout.org.mt)

## (2) INTERNATIONAL ACTIVITIES

- *When choosing this scenario, it is important to keep in mind that in order for you to complete this section, you need to participate, at least once in the iSCOUT challenge and the Joti/Jota.*
- *Following this, you will have to choose one of the following challenges; Agora, Rover Way, or an Interational Jamboree.*

**iSCOUT**

*The iScout challenge is an annual international event organised for Rover scouts. It is composed of various challenges which the Rovers needs to complete in the established time.*

**Link:** [game.iScoutGame.com](http://game.iScoutGame.com)

**Joti/Jota**

*Jamboree-On-The-Air and Jamboree-On-The-Internet is an official international event of the [World Organization of the Scout Movement \(WOSM\)](#). JOTA-JOTI is a youth programme event intended for young people in Scouting of all ages.*



<p><b>Agora</b></p>	<p><i>An Agora is an educational tool that uses the Scout Method to reach the educational objectives for the Rover age section and that has a special emphasis on youth empowerment.</i></p> <p><i>What makes an Agora so special is that it is an event run “for Rovers, by Rovers”. As a result, the event looks at issues that are of importance and relevant to young people in our society today.</i></p> <p><i>An Agora aims to be a meeting place in which dreams, feelings, concerns, experiences, ideas and paths cross together, are connected and shared; a crossroad that would be a source of inspiration and energy. It is a place where the fundamentals of Scouting are present in a way that is attractive to young people today. It is a place for debate and sharing as well as teaching and learning from one another. And most importantly, an Agora is about getting new motivation and direction to one’s path as a rover. Each event is focusing on a major theme, on which the programme is built upon.</i></p> <p><b>Link:</b> <a href="http://agora.rovernet.eu/">http://agora.rovernet.eu/</a></p>
<p><b>Rover way</b></p>	<p><i>Roverway is an event for young adults aged between 16 and 22. This event is organized by the European Scout Region of the World Organization of the Scout Movement (WOSM) and World Association of Girl Guides and Girl Scouts (WAGGGS).</i></p> <p><i>More than just an event, it is an educational initiative which aims to promote the intercultural learning and offer an experiment of the European citizenship.</i></p> <p><b>Link:</b> <a href="http://www.roverway2016.org/en/">http://www.roverway2016.org/en/</a></p>
<p><b>Jamboree</b></p>	<p>A large assembly, often international, especially of Scouts. A mass gathering of scouts from all around the world.</p> <p><b>Link:</b><a href="http://www.summitbsa.org/events/jamboree/jamboree-registration/">http://www.summitbsa.org/events/jamboree/jamboree-registration/</a></p>



**(3)**

**PROGRAMME AND TRAINING TEAM**

*The Programme and Training team is one of the most dynamic and central teams within the Association. One of the Training Team's main objective is to improve the experience of the individuals who are working on their sectional or any other program and also to train adult members in becoming full-fledged leaders. There are various ongoing yearly project in which you can get involved with. Being part of the Training Team will surely help you view scouting from a different perspective!*

You can:

**Be part of new programmes**

*Now and then all programmes need to be changed or updated.*

**Be part of a new challenges**

*As part of the training team there are many new challenges to be faced during the year. Being part of this team helps you improve your time management and reaching your deadlines effectively.*

**Be part of the sectional team**

*The sectional teams are all busy throughout the year help them with the experience you have achieved through scouting*

**Be part of a team for new badge work**

*Update of badge work, be part of it.*

**Promoting Scouting**

*Scouting can be promoted in a number of ways, such as organising an activity or a campaign. Be creative and get involved!*

## (4) NATIONAL SCOUT YOUTH COUNCIL

Be part of this team and organize activities.

*As you may be well aware, the National Scout Youth council has been in action for the past few years. This has marked a huge step forward in our Association. It is a clear proof of how much importance is placed on youth empowerment. You have the opportunity to be directly involved, and to make a change within the Scout Movement. Needless to say, you will be given countless opportunities to identify, develop and explore new skills and thus continue your journey for personal progression.*

## (5) INTERNATIONAL TEAM

*The international team makes part of the organisational team of the Association. One can give a helping hand in any of the international events that it promotes, as well as exchanges and travelling abroad to scouting activities around the globe. Contact the team on;* [international@scout.org.mt](mailto:international@scout.org.mt)

## (6) CAMPSITES

*The Scout Association of Malta has **two** camping facilities; The Rinella Scout Centre located in Kalkara and the Għajn Tuffieha Campsite. These obviously require maintenance and other improvements in order to make them safer and also to enhance the general experience these facilities can give. You can help maintain these campsites in an optimum shape in various ways such as; being part of the team that makes improvements to the campsite, being part of maintenance team and by planting trees. You can also take care of an innovative project yourself, so what are you waiting for?! Get started!*

Email: [campsite@scoutkeeper.net](mailto:campsite@scoutkeeper.net)



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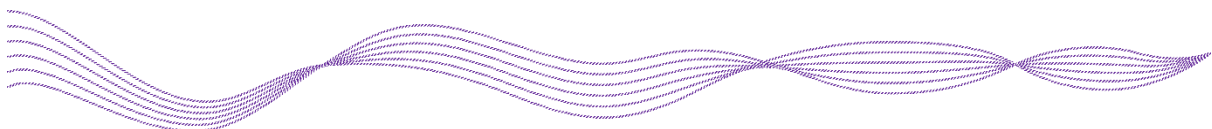


On completing this award, you will have reached the crest of scouting skills and promise. It is also a good initiative to start the Leadership Training development that will follow. Enjoy the journey!

*Kenneth Mangion*

*Assistant Commissioner Rovers*

*rovers@sout.org.mt*





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